inmates how to reverse an overdose.

**SUBSTANCE ABUSE INTERVENTION:** Weekly group sessions for adult inmates facilitated by Meridian counselors that addresses substance abuse issues to educate inmates on making better life choices while dealing with and overcoming addition.

VETERAN JUSTICE OUTREACH: Arepresentative from the Veteran's Office Administration (VOA) assists eligible veteran inmates with veteranspecific services and resources, such as Veteran's Court, HUD vouchers, etc.

WELLNESS RECOVERY ACTION PLAN

**(WRAP):** WRAP is a powerful process for creating the life and wellness that inmates want. Simple, safe, and effective tools that promote and maintain wellness by developing a daily plan to stay on track of goals while remaining in control even during crisis. Helps incorporate key recovery concepts. The class is open to adult and juvenile inmates.

# **POST-RELEASE PROGRAMS**

Programs are offered to former inmates through the following entities:

- SBAC Adult Education
- Alachua County Social Servuices
- Alcoholics and Narcotics Anonymous
- Career Source
- Catholic Charities
- Created (Anew)
- Gainesville Community Ministry
- Grace Marketplace
- Helping Hands
- Holy Trinity Downtown Ministries
- Library Partnership
- SafeLink Wireless
- Salvation Army
- TorchLighters
- Veteran's Honor Center

# CONTACT US:

### 9-1-1 FOR EMERGENCIES

#### 352-955-1818 FOR NON-EMERGENCIES

#### ACSO Important Phone Numbers

ACSO Main Administration	352.367.4000
Agency Chaplain	352.491.4692
Crime Stoppers & Gun Bounty	352.372.7867
Dept. of the Jail (DOJ)	352.491.4444
DOJ Classification Unit	352.491.4447
DOJ Programs Unit	352.337-6254
Evidence Section	352.367-4076
Narcotics Tip Line	352.374.1849
Patrol	352.367.4101
Public Information	352.367.4050
Records Bureau	352.367.4006
Victim Advocate Unit	352.367.4193



#### BROUGHT TO YOU BY:

# Sheriff Chad D. Scott

P.O. Box 5489, Gainesville, FL 32627 2621 SE Hawthorne Road, Gainesville, FL 32641 https://www.acso.us



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COUNTY SHERIFF'S

ACHUA





# INMATE PROGRAMS AT THE ALACHUA COUNTY SHERIFF'S OFFICE DEPARTMENT OF THE JAIL

3333 NE 39TH AVENUE GAINESVILLE, FL 32609 (352) 491-4444

The Department of the Jail offers many inmate programs, including skill-building and GED courses, life skills and parenting classes, anger management, and NA and AA programs. The overall goal is to increase the chances of an inmate's successful re-entry into society and minimize recidivism.

During these courses, male and female inmates are kept separate from one another as are juveniles and adults. Different sessions are offered, depending on an inmate's classification.

All classes are not available to every inmate, but if an inmate has an interest in a specific program, they are encouraged to submit a formal request to their Classification Caseworker for eligibility consideration. If the inmate is approved, they are referred to the Programs Unit for placement in the program.

ALCOHOLICS ANONYMOUS (AA): AA offers twice weekly group sessions to any adult inmate struggling with alcohol addiction.

ANGER MANAGEMENT: This is a weekly course offered to adult and juvenile inmates that helps inmates manage their anger by learning how to effectively identify their triggers and work through conflict resolution. ADULT AND JUVENILE BOOK CLUBS: Book Clubs are facilitated by the Librarian and meet weekly to discuss the selected book-of-themonth that either adults or juveniles can identify with.

**CELEBRATE RECOVERY:** Weekly faith-based 12-step recovery program for adult female inmates struggling with emotional pain (divorce, miscarriage, domestic violence, etc.), or addictions (food, drugs, alcohol, gambling, sexual, codependency, etc.). Group discussions help inmates get beyond the wounds and scars and allow them to experience healing and forgiveness through Christ.

<u>CREATING</u> CALM: Adult inmates learn to manage their emotions and build resilience as they explore their personal trauma. Inmates are taught how to integrate strengthbased mindfulness and cognitive behavioral techniques to help them cope with stress, anger, and anxiety.

**ESE & GED EDUCATION:** Offered in collaboration with the School Board of Alachua County (SBAC), this program allows adult and juvenile inmates to improve their reading, writing, math, and language skills. Students begin by taking the Test of Adult Basic Education (TABE) to gauge their skill level. Students who test at or above 9th grade can start GED prep classes. If the student becomes proficient in their studies, they can take the GED test.

**INMATE RE-ENTRY TRANSITION:** A program for sentenced adult male inmates who have at least 60 days left to serve in jail and are at high risk of re-offending upon their release. Participants are required to complete course objectives that, per research, are effective towards addressing criminogenic (crime-producing) behavior and reducing recidivism. The program offers case management services and provides referrals to appropriate community agencies to help inmates plan for community reentry. The Programs Unit staff follows up with former participants postrelease for continued referral services and to collect outcome data. Through these efforts, the Sheriff's Office strives to encourage successful inmate reentry while promoting public safety and lowering costs.

**LIFE SKILLS:** Weekly class for adult inmates that helps equip them with the basic skills necessary to live a productive life upon release. Topics include goal setting, job seeking, life planning, money management, resume writing, and social skills.

**LIVING YOUR BEST LIFE:** Weekly support group for female inmates to help them build selfworth and start living their story while learning about goal setting, mindsets and attitudes, job readiness, and communication skills.

**NARCOTICS ANONYMOUS (NA):** Biweekly group meeting for adult inmates that focuses on drug addiction.

**PARENTING CLASS:** Weekly sessions that provide adult inmates guidance on the dynamics of child development, such as communicating with your child, meeting their needs, being a good role model, nurturing children's intellectual development, understanding their temperament, how to discipline, how to instill values, respect, self esteem, and more.

**PROBATION AND PAROLE WORKSHOPS:** Monthly workshops/seminars for applicable inmates to instruct them on what to expect post-release when navigating through the probation/ parole system.

**<u>READ-TO-ME:</u>** Imparts the importance of reading to a child and encourages adult inmates to maintain a positive relationship with their children.

**STRATEGIES FOR SURVIVAL:** Adult inmates learn how to address their shame towards substance abuse. This workshop introduces participants to local resources and provides a historical overview of drug criminalization. It discusses the opioid crisis, provides education on managing substance abuse, and teaches