

<p align="center"><b>MARYLAND POLICE AND CORRECTIONAL TRAINING COMMISSIONS</b>  <b>LESSON PLAN</b></p>	
<p><b>COURSE TITLE: CIT</b></p> <p><b>LESSON TITLE: Visit to Arc Baltimore</b></p> <p><b>PREPARED BY: Mark Slater &amp; Bridget Roth, LCSW-C</b> <b>DATE: 12/30/2020</b></p>	
<p align="center"><b>TIME FRAME</b></p> <p>Hours: 2 hours  Day/Time: Various</p>	<p align="center"><b>PARAMETERS</b></p> <p>Audience: police officers  Number:  Space: ARC Baltimore  7215 York Rd Baltimore 21212</p>
<p align="center"><b>PERFORMANCE OBJECTIVES</b></p> <ol style="list-style-type: none"> <li>1. Given a site visit to the Arc Baltimore building, students will be able to express understanding of services offered by the company and how these services will benefit them in the field to the satisfaction of the facilitator.</li> <li>2. Given a facilitated discussion, students will increase their level of understanding of the experiences of individuals with Intellectual and Developmental Disabilities to the satisfaction of the facilitator.</li> </ol>	<p align="center"><b>ASSESSMENT TECHNIQUE</b></p>
<p align="center"><b>INSTRUCTOR MATERIALS</b></p> <p>One Question Movie (Sprout Film)</p>	
<p align="center"><b>EQUIPMENT/SUPPLIED NEEDED</b></p> <p>Computer  Projector</p>	

## **STUDENT HANDOUTS**

Photo release  
List of services

## **METHODS/TECHNIQUES**

Description of methods goes here (format-justified text):

Video  
Panel discussion and facilitated question and answer session  
Lecture

## **REFERENCES**

The following books and other materials are used as a basis for this lesson plan.  
The instructor should be familiar with the material in these reference documents to effectively teach this module.  
One Question Movie

## **GENERAL COMMENTS**

In preparing to teach this material, the instructor should take into consideration the following comments or suggestions.

*This lesson will primarily be facilitated by Arc staff but instructors should interject when appropriate to relate issues that are raised in discussion to concepts covered in CIT training.*

## LESSON PLAN

### TITLE: Visit to Arc Baltimore

PRESENTATION GUIDE	TRAINER NOTES
<p><b>I. ANTICIPATORY SET</b></p> <p>We are here at Arc Baltimore as guests to learn about the range of services they provide and how those services can benefit you in the field. We are also here see the facility, and learn from some of the individuals currently being served here.</p> <p>This is a unique and incredibly useful opportunity to see firsthand where services you may use are delivered, meet the staff and learn about the programs. Most importantly, it's a unique and vital opportunity to learn from folks being served here both what their experience is with their intellectual and developmental disability and what would be most helpful to them in their interactions with law enforcement. It is also an opportunity for them to ask questions of you, and for you to share with them your experiences of, and desire to, provide assistance to people in similar circumstances to them.</p>	<p>Arc staff will provide overview of range of services they offer and process for responding to a crisis involving individuals they serve.</p> <p>Officers will be given the opportunity throughout to ask questions.</p> <p>Discussion will focus on four (4) primary issues 1. Humanization and de-stigmatization of people with IDD. 2. Previous interactions with law enforcement both positive and negative experiences 3. Disclosure regarding the experience of living with intellectual and developmental disabilities 4. Recommendations/suggestions from the consumer's perspective for dealing with people in crisis</p>
<p><b>II. INSTRUCTIONAL INPUT (CONTENT)</b></p> <p>A. At the start of the visit all of the officers, as well as the people that we support will be asked the question "What is one thing you would most like to change about yourself?"</p> <p>B. A clip from the video entitled "One Question" will be shown to the officers. This short 6 minute video portrays individuals with IDD responding to the same question as above.</p>	

<p>C. A brief discussion will be facilitated to elicit officers' observations and conclusions from these exercises.</p> <p>D. A question and answer session will be facilitated between a group of approximately 4-6 consumers enrolled in Arc services and the officers.</p> <p>E. Approximately 2-3 staff will present information about the programs and services Arc offers. This will include information on how to access the services and how the programs are structured and delivered.</p>	<p>C. Desired Response: Officers will demonstrate understanding that individuals with IDD are people with the same thoughts as everyone else. When given the opportunity, none of the 35 people interviewed mentioned wanting to change that they had a disability.</p> <p>D. The panel of supported individuals will be prompted to share their life experiences, particularly their experiences with law enforcement interactions, as well as the services they receive and how they support their independence. Officers will be prompted to ask any general questions about the life experiences of the consumers and their disabilities and recommendations for how best assist someone with IDD who is in crisis.</p> <p>E. Officers should be prompted to ask follow-up questions on any information presented they would like more clarification on.</p>
<p><b>III. EVALUATION/CLOSURE</b></p> <p>What are your impressions from this site visit?  What did you learn that you didn't know before?  What questions to you have?</p> <p>Ask for any general feedback.</p>	<p><b>Time</b></p> <p>Facilitate large group discussion and answer questions as able.</p> <p>*officers are dismissed directly from The Arc Baltimore.</p>