# Daily Problem Solving

**COMMUNITY POLICING – MODULE 5** 

#### Performance Objectives

Identify some examples of daily problem solving.

Explain how to use 311, mediation, and emotional intelligence.



# Daily Problem Solving

Everyday actions to solve small problems, conflicts, issues...

- Contacting other agencies about conditions that should be fixed
- Referring people to services that can help them
- Providing guidance and assistance to youth and others
- Persuading people to behave better
- Mediating disagreements/



#### **Other City Agencies**

Agencies	Phone #s
DPW	410-396-5352 (3310)
DOT	410-396-6802
Parking Authority	443-573-2800
Housing	410-396-3225
Liquor License	410-396-4377
<b>Building Inspectors</b>	410-396-3477



## Other Agencies & Non-Profits (Examples)



Agencies	Phone #s
House of Ruth	202-667-7001
BCARS	667-600-2880
BCRI	410-433-5255
BCMC	410-467-9165
Baltimore EEOC	410-209-2237
Others?	

#### **Baltimore 311**

Report an issue to the city.
See recent service requests submitted to the city.
See service requests that you have submitted.
Look up city services information & resources near your address.



# The 311 App

- In case you don't already have it on your BPD phone:
- Look for the Light Blue Icon named "Catalog"
- Within "Catalog" look for "Baltimore City 311"
- ► Tap "Install"
- If that doesn't work, please reach out to BPD ITDS



#### Look for 311 on your phone





### Create an account using your "BPD" email

#### firstname.lastname@baltimorepolice.org

#### Create New Account

Fabienne	
Last Name*	
Dorceus	
Email Address *	
Fabienne.Dorceus@baltimorepol	ice.org
Password *	
Passwords need to be alphanumer	ic and at least 8 character
Passwords need to be alphanumer Confirm Password *	ic and at least 8 character
	ic and at least 8 character
	ic and at least 8 character
	ic and at least 8 character

Login with existing account

#### "Allow" access

#### Salesforce operates 311

#### salesforce

#### Allow Access?

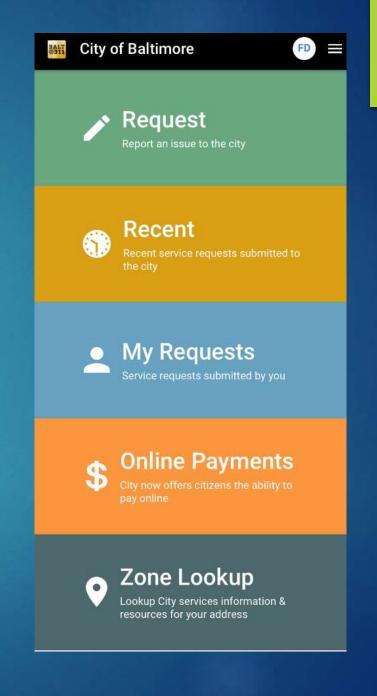
#### ThreeOneOneCapsule is asking to:

- Access your basic information
- Access and manage your data
- Provide access to your data via the Web
- Access and manage your Chatter data
- Provide access to custom applications
- Allow access to your unique identifier
- Access custom permissions
- Access and manage your Wave data
- Access and manage your Eclair data
- Manage hub connections
- Access Pardot services
- Allow access to Lightning applications
- Allow access to content resources
- Perform requests on your behalf at any time

Do you want to allow access for fabienne.dorceus@baltimorepolice.org? (Not you?)

Deny	Allow
To revoke access at any tim	ne, go to your personal settings
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## Look for your initials – you are logged on



#### **Resolving Conflict & Mediation**



Steps to follow – Clarify the disagreement Look for a common goal Identify ways to meet the common goal Determine barriers Agree on the best option Agree on responsibilities for implementing the best option

# IMPORTANCE OF EMOTIONAL INTELLIGENCE

## EMOTIONAL INTELLIGENCE

The capacity to be aware of, harness, and express your emotions, and to engage with others fairly and empathetically. Is my sense of well-being intact, or is it threatened?

## Things That Automatically Make The Brain Tell The Body...

Your sense of well-being is intact.

You can be at rest.

Feeling seen/understood
Feeling accepted
When things you hold dear are being honored

Your sense of well-being is threatened.

Please run, fight, or stay still and hope that this thing goes away.

 Feeling blamed/mischaracterized/ misunderstood
 Feeling rejected Situations are more likely to stay safe when the officer uses emotional intelligence in the way they speak, and in the way they listen.

Also, when it is time for the officer to give instructions, advice, etc., a person will receive those better when their brain has told them that this situation is safe.



When the body is in fight, flight, or freeze mode, the brain is not in problem solving mode.

#### Getting Back To Problem Solving Mode

#### Woosah!!

RELAX



#### Count To 10

#### Take A Walk

# KNOW THYSELF

#### Learn your triggers.

 Pay attention to what happens inside your body when you START going from calm to not calm.

When you get irritated, angry, offended, etc., learn to pay attention to your body language, tone of voice, and facial expressions.

Ask family and friends how they view your conflict behaviors. Ask what kinds of things you do or say that might make someone feel attacked or blamed.

#### Why Is It Worth It To Nurture And Practice Emotional Intelligence?

 Helps to de-escalate a challenging situation.

 People are more likely to feel heard, which naturally de-escalates the body.

People will also be more likely to follow the officer's instructions or advice.

#### Reach Out To Us!! We Can Help!!

Neighbor disputes, Partner disputes, You moved my parking space cone disputes, You let your dog poop in my yard disputes, etc.



### Connect With BCMC

- Email: info@communitymediation.org
  Phone: 410-467-9165
  Fax: 410-467-9155
  Facebook: @CommunityMediation
- ► IG: @Community\_Mediation



#### Day 2 Schedule

0700-0900 – Policing Lesser Offenses 0900-1100 – Lesser Offenses 1100-1200 – Lunch 1200-1300 – Formal Engagement 1300-1400 – In-Depth Problem Solving (POP) 1400-1500 – Implementing Community Policing