| Boulder P | olice Departm | ent Policy an | d Procedure |
|---|----------------------------|--------------------------------------|------------------------------|
| BOULDER | Subject: Peer Support Team | | General Order: 106 |
| 0.36 | Effective: | Replaces: | Approved by: |
| COLICE | October 16, 2024 | GO 106 October 31, 2017 | Chief Stephen Redfearn |
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| General Order Topic(s): | | Accreditation Standard(s): LE 35.1.9 | |
| 106-1 Peer Support | Team Structure | | |
| 106-2 Organization and Administration of PST | | Statutory References: | |
| 106-3 Selection/Removal of Peer Support Team | | C.R.S 13-90-107(1)(m) | |
| Members | | B.R.C | |
| 106-4 Confidentialit | ту | | |
| 106-5 Non-Confidential Communication | | Related General Orders: | |
| 106-6 Ethical Issues | ; | | |
| 106-7 Accessing the PST | | | |
| 106-8 Critical Incident Stress Debriefings | | | |
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POLICY

The department recognizes that employees deal with stressful situations. These stressors can negatively impact the employee's emotional well-being. Prevention and intervention services may help employees maintain their emotional well-being so they can successfully perform their job duties. Such services need to be easily accessible. One method is through a department-sponsored Peer Support Team (PST).

PROCEDURES

106-1 Peer Support Team (PST) Structure

The Peer Support Team consists of department employees, sworn and civilian, and a Clinical Advisor who is selected by the Chief of Police. The PST is made up of the Clinical Advisor, the Team Coordinator, the Assistant Team Coordinator (if any), and PST members:

- A. Clinical Advisor: A licensed mental health professional who's primarily responsible for overseeing the casework of PST members. The Clinical Advisor works with the PST Coordinator to ensure members are appropriately trained and their PST interactions are appropriate, effective, and in compliance with applicable policies, guidance, training, and statutes.
- B. Team Coordinator: The PST Coordinator is a first-line supervisor whose primary role is administration, supervision, oversight, and records keeping of the team. The Team Coordinator is responsible for scheduling team meetings, acting as the liaison

- for the team with the department's command staff and Clinical Advisor, and ensuring team members receive appropriate training and comply with applicable policies, guidelines, and statutes to provide PST Services. The Chief of Police selects the PST Coordinator.
- C. Assistant Team Coordinators: The Assistant Team Coordinators perform the Team Coordinator's role and duties in his or her absence and other administrative tasks as delegated by the Team Coordinator. The PST Coordinator selects Assistant PST Coordinators.
- D. Peer Support Advisor (PSA): An employee who has been selected and trained to provide support to other department members. At a minimum, a PSA must successfully complete a POST-approved training class in peer support skills prior to providing PST duties.
- E. Client: A department member who utilizes the services of the PST.

106-2 Organization and Administration of the PST

The PST operates under the general direction of the Clinical Advisor, department policy, and applicable statutes. The day-to-day administration and supervision of the team is the responsibility of the Team Coordinator.

In the event of the absence of both the PST Coordinator and an Assistant Team Coordinator, an acting coordinator can be designated by the Chief of Police.

106-3 Selection/Removal of Peer Support Team Members

The selection process for any of the above positions may involve a letter of interest, an interview, peer assessments, a review of the applicant's work history, and relevant training classes.

The PST Coordinator submits a list of qualified applicants to the chief or his/her designee for final approval and appointment to the PST. Selection or removal from the PST is not a matter of contractual grievance.

106-4 Confidentiality

The PST follows legal and medical guidelines of confidentiality in dealing with department members. Issues discussed during peer support sessions are confidential within the parameters specified by law CRS 13-90-107(1)(m), department policy, and professional mental health supervision. Subject to the limitations of the law, information received in confidence is not revealed without the express consent of the person involved which constitutes a waiver of confidentiality. In cases where express written consent is granted, only the information authorized to be released will be provided and only to those specifically authorized to receive it.

A. Express consent is not recognized until the employee signs a Waiver of Confidentiality form. (See attachment: Waiver of Confidentiality.)

- 1. The original signed waiver form is given to the clinical advisor as soon as practical. A copy of it is given to the employee.
- 2. The identity of an employee receiving PST service is known only to the PST member providing the service and the PST Clinical Advisor unless the employee waives confidentiality, or the circumstances fall under one of the exceptions described in 106-5.
- 3. All conversations, written or electronic, or any other information exchange between the PST member and the employee are confidential and known only by the PST member and PST Clinical Advisor unless the employee waives confidentiality, or the circumstances fall under one of the exceptions described under 106-5.
- 4. Boulder Police Department supervisors are prohibited from directing a PST member to identify an employee who is receiving or has received, PST services or specific information related to the delivery of PST services to any employee, past or present.
- B. The peer support team member testimony confidentiality privilege is specified in CRS 13-90-107(m).
 - 1. Team members must advise clients of the limitations of the peer support team member confidentiality and receive an acknowledgment of their understanding of its limitations.

106-5 Non-Confidential Communication

Information received by or provided to a PST member is not confidential when:

- A. A law enforcement peer support team member was a witness or a party to an incident that prompted the delivery of peer support services;
- B. Information received by PST members is indicative of actual or suspected child abuse, as described in section 19-3-102, C.R.S.;
- C. The person receiving peer support is a clear and immediate danger to themselves or others due to alcohol or other substance intoxication or abuse as described in sections 27-81-111 and 27-65-105, C.R.S.;
- D. There is reasonable cause to believe that the person receiving peer support has a mental illness and is an imminent threat to themselves or others or is gravely disabled as defined in section 27-10-102. C.R.S.; or
- E. There is information indicative of any criminal conduct (C.R.S. 13-90-107(m).
- F. PST members are subject to all other disclosures mandated by law.
- G. Peace Officer members of the PST are required to take action, including arrest, while providing PST service, if they receive information that an incidence of domestic violence has occurred and where there is probable cause to believe that a crime has been committed (C.R.S. 18-6-803.6).

Critical incident debriefings and other group interactions conducted under the facilitation of the PST Clinical Advisor are not confidential by law, however, all persons attending will be asked to keep those discussions confidential.

Violation of this confidentiality policy may result in the initiation of disciplinary action in accordance with the Boulder Police Department's disciplinary policy and/or removal from the team.

106-6 Ethical Issues

PST members are expected to be role models in their personal and professional lives. They will not exercise power over clients or derive personal gain from helping them.

PSAs will not accept any gift or remuneration from a client, engage in activities to meet their personal needs at the expense of the client, or ask for favors or help from clients.

PSAs may not enter a "dual relationship" with clients including situations where the client is an immediate subordinate or supervisor, subject officer, or panel member of a Disciplinary Review Board or other process involving the PSA.

PSAs shall avoid situations diminishing their ability to remain objective.

Should any of these situations arise, the PSA shall contact the Team Coordinator and/or supervisory officer to be removed from that situation.

PSAs will advise clients at the beginning of any contact of situations when confidentiality will be breached.

106-7 Accessing the PST

- A. PST members agree to be available, (with no compensation), 24 hours a day seven days a week. Team members respond to incidents where assistance may be needed under guidelines established by the Team Coordinator and Clinical Advisor.
 - 1. PST members contact the Team Coordinator prior to responding to a callout. If this is not possible, responding PST members notify the Team Coordinator as soon as practical.
- B. PST members may respond to any traumatic incident, a significant event, or as requested by a supervisor or employee.
 - 1. PST collaborates with the Boulder Police Department's Victim Advocates, the Employee Assistance Program, and other approved crisis intervention/counseling agencies when appropriate.
 - 2. If an employee involved in a traumatic incident requests a particular PST member, their supervisor makes every effort to release the PST member from assignment so that he or she is available to provide support to the requesting employee.
 - 3. The supervisor of a PST member who is assigned to a support role that is ongoing or anticipates a significant time commitment by the PST member ensures that the member's normal workload is sufficiently reduced to accommodate the PST assignment.
 - 4. PST support is available to an employee who is the subject of an internal affairs investigation or a supervisory inquiry. However, the PST member should ensure the affected employee does not reveal specifics of the investigation.

Information communicated in PST interactions is not subject to disclosure in an administrative investigation.

106-8 Critical Incident Stress Debriefings

Critical Incident Stress Debriefings are covered under G.O. 140, Employee Assistance Program. Employees who are required to attend the debriefing are compensated for their attendance.

106-9 PST Meetings

The Peer Support Team meets at least monthly. The team coordinator is responsible for addressing excessive absences individually with the specific PST member.

106-10 Compensation

Peer Support Team Members are not eligible for on-call compensation based on their PST member status. Peer Support Members who are called out to function in the PST capacity during their off-duty hours are compensated as specified in their Collective Bargaining Agreement, if any, for the time they are acting as PST members.

BOULDER POLICE DEPARTMENT

Peer Support Team Member Authorization for the Release of Information

| Name (please print) |
|---|
| Agency |
| I knowingly waive my privilege of confidentiality as specified in department policy and C.R.S. 13-90-107, Who may not testify without consent. |
| I hereby authorize the following Peer Support Team members(s) |
| to release information exchanged in our peer support interaction(s) to |
| to release information exchanged in our peer support interaction(s) to |
| Type of information to be released |
| Included information about drug and alcohol use/abuse/dependency yes no. |
| This release of information may be revoked at any time. This Authorization for the Release of Information shall expire one year from today's date unless revoked earlier. |
| Signature of the person authorizing the release of information |
| Date |
| Witness (if present) |