

Information about this service:

- Meals are picked up from the hospital at 11:00 AM and then dispersed to customers anytime between 11 AM and 11:45AM.
- Drivers are volunteers- please thank them for us.
- The food is prepared at Clarinda Regional Health Center; if you have concerns please call 712-542-8215.
- If you need to cancel meals or hold for any reason; we ask that you call by 9:30 am.
- Please let us know if you will be gone when your meal is normally delivered- call us at 712-542-8215.
- Our program follows the Clarinda School Systems weather cancellations. If there is no school, we will not deliver meals that day.
- All food containers are disposable that can be disposed of in the garbage.
- Statement envelopes will be sent out on a monthly basis. Each meal is \$7. You can return envelope with driver delivering meals.
- Directions for heating this meal if needed:
Microwave Instructions: Remove the lid. Heat one food container at a time. Center the container in oven away from walls. (Even though these containers look like they do not go in the microwave, they are microwave safe).

Oven Instructions: Remove lid and place container on cookie sheet and warm in oven at 350F.