

JANUARY

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FEBRUARY

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MARCH

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NOVEMBER

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DECEMBER

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- Skills Simulations (Basic Life Support, Heartsaver CPR, First Aid): 1:00-2:30pm
- Skill Simulations (Basic Life Support, Heartsaver CPR, First Aid): 7:00-8:30am
- Advanced Cardiac Life Support (ACLS) Recertification: 9:00am-5:00pm
- Advanced Cardiac Life Support (ACLS) New Certification: 9:00am-5:30pm
- Pediatric Advanced Life Support (PALS) Recertification: 9:00am-5:00pm
- Pediatric Advanced Life Support (PALS) New Certification: 9:00am-5:30pm
- CPI Nonviolent Crisis Intervention® (Internal employees only) - 9:00am-3:00pm

CONTACT INFO:

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BASIC LIFE SUPPORT (BLS)

This course is designed for healthcare professionals who need Basic Life Support training for their clinical duties. BLS is a nationally recognized certification through the American Heart Association (AHA). Topics covered in the course include the steps of the Chains of Survival, how to perform high-quality CPR for an adult, child, and an infant, how to use an AED, effective team dynamics in a multi rescuer resuscitation, how to treat special considerations in basic life support, and how to relieve foreign-body airway obstruction for an adult, child, and infant. This course can be done online, followed by our instructor-led skills simulation with an AHA-certified instructor. Group training is also available upon request.

Cost: \$50.00 (skills simulation); \$70.00 in-person class

HEARTSAVER

Heartsaver CPR AED is a course is designed for anyone with little or no medical training who needs first aid and/or CPR training. Heartsaver courses can also be taken by anyone who wants to be prepared to act in an emergency. The Heartsaver CPR AED course provides the highest quality training in the lifesaving skills of CPR and how to use an AED.

Heartsaver CPR AED First Aid is designed for anyone with little or no medical training who needs first aid and/or CPR training. This course provides students the highest quality training in lifesaving skills of first aid, CPR, and use of an AED.

Heartsaver Pediatric First Aid CPR AED is designed for anyone with little or no medical training who needs first aid and/or CPR training. This course is intended for those involved in childcare who have a duty to respond to illnesses and injuries in a child or infant in the first few minutes until professional help arrives.

All Heartsaver courses are nationally recognized through the AHA. All courses can be done online, followed by our instructor-led skills simulation with an AHA-certified instructor. Group training is also available upon request.

Cost: \$50.00 skills simulation; \$75.00 in-person class for adult/child/infant CPR AED; \$80.00 in-person class for adult/child/infant CPR AED & First Aid; \$50.00 in-person class for First Aid only

ADVANCED CARDIAC LIFE SUPPORT (ACLS)

ACLS is designed for healthcare professionals and other personnel who need to know how to perform CPR and other advanced cardiovascular life support skills in a wide variety of in-hospital and pre-hospital settings. This course is a nationally recognized certification through the AHA. A wide variety of topics are covered including the early recognition and management of acute coronary syndromes, stroke, respiratory arrest, bradycardia, tachycardia, cardiac arrest, and more. Skills simulations are available upon request.

Cost: \$60.00 skills simulation; \$225.00 in-person (2-day) certification; \$150.00 in-person (1-day) recertification

PEDIATRIC ADVANCED LIFE SUPPORT (PALS)

PALS is designed for healthcare professionals and other personnel who need to know how to perform and other advanced cardiovascular life support skills in a wide variety of hospital and pre-hospital settings. This course is a nationally recognized certification through the AHA. Topics covered in this course include high-quality CPR, differentiation, and management of respiratory distress and respiratory failure, compensated and hypotensive shock, bradycardia and tachycardiac rhythms, and cardiac arrest and post-cardiac arrest management in the pediatric patient. Skills simulations are available upon request.

Cost: \$60.00 skills simulation; \$225.00 in-person (2-day) certification; \$150.00 in-person (1-day) recertification

CPI Nonviolent Crisis Intervention® (Internal Class for CRHC employees only)

This training gives you the skills to build an effective culture of safety within your organization. CPI Nonviolent Crisis Intervention® Training is a safe, nonharmful behavior management system designed to help professionals in any setting provide the best possible care, welfare, safety, and security of individuals presenting a range of crisis behaviors. The focus of this program is to build the knowledge and skills you need to recognize and manage crisis behaviors you may encounter in your workplace.

Skills Simulations and In=Person classes held at

Clarinda Regional Health Center Main Campus

220 Essie Davison Drive Clarinda, IA 51632

***Off-Site classes will include a \$25.00 equipment fee**



CONTACT: Jenny Wagoner, MEd at (712) 542-8352 or jwagoner@clarindahealth.com