

REPORTS TO:	Transitional Care Coordinator
REVISED:	04/2024
	See current organizational chart for oversight/administrative support information

PRIMARY FUNCTION:

A Recreational Therapist at Clarinda Regional Health Center is tasked with helping patients restore their physical health and wellbeing by being part of a multidisciplinary team. This position is responsible for providing high quality patient care, displaying good skills in assessment, treatment planning, group treatment, and individual treatment. The recreational therapist will execute all duties in a manner to maintain a clean, safe, and organized facility to advance exceptional care.

QUALIFICATIONS:

Education and/or Experience

- Bachelor’s degree in music/therapeutic Recreation or related field preferred

Certificates, Licensure, Registrations

- Certified Therapeutic Recreation Therapist Specialist (CTRS)
- For job-specific certifications refer to the [Education Certification Requirements by Job Category](#): Clinical Staff

Essential Job Duties and Responsibilities	
1.	<p>Provides skilled therapeutic recreation treatment plans in accordance with provider orders and by assessing and interpreting evaluations and test results of patients.</p> <ul style="list-style-type: none"> • Ability to interpret evaluations from various disciplines (Neuropsychology, Occupational/Speech/Physical Therapies) and understand the relevance to your practice. • Formulates and implements Therapeutic Recreation Treatment programs according to individual patient needs as determined by evaluations and assessments. • Develops treatment plans to include goals, objectives and methods designed to restore, reinforce, and enhance performance. • Administers quality treatment modalities for both individuals and groups. • Communicates verbally or in written form to treatment teams regarding patient’s assessment, progress, or evaluations. • Participates in ordering supplies needed for activities. • Promptly and thoroughly documents and maintains clinical and administrative records regarding patient limitations/interventions, treatments, responses, and progress to administered therapy as well as discharge summaries. • Maintain patient records confidentially. • Identify need for and make referral to other disciplines to address the comprehensive needs of the patient.

Essential Job Duties and Responsibilities	
2.	<p>Promotes and ensures patient safety in performance of all responsibilities.</p> <ul style="list-style-type: none"> • Alerts direct report or maintenance staff of any possible safety hazards in department. • Demonstrates safe proficient use of all rehabilitation equipment.
3.	<p>Communicates effectively.</p> <ul style="list-style-type: none"> • Communicate with other healthcare providers involved with the patient's care to ensure comprehensive patient care. • Follows approved shift report format when communicating patient information. • Identifies and recognizes abnormal symptoms/changes in patient condition, established priorities, and takes appropriate action. Appropriately reports condition changes to medical provider.
4.	<p>Promotes and ensures patient safety in performance of all responsibilities.</p> <ul style="list-style-type: none"> • Demonstrates proficient technical/clinical skills and operational knowledge of equipment on unit. • Utilizes proper body mechanics, transfer/lifting techniques, and appropriate equipment to minimize fall risk to patient and injury to self.
5.	<p>Presents self in a professional manner and enhances professional growth and development through participation in education programs, current literature, in-service meetings, and workshops.</p> <ul style="list-style-type: none"> • Seeks opportunities for continued growth and performance improvement. • Always maintains a professional appearance and manner. • Dependable and completes work in a timely manner. • Demonstrates an understanding and emphasis on quantity, quality and knowledge of duties and tasks.
6.	<p>Participates in CRHC'S Quality program, committees, performance and quality improvement initiatives, and activities which support the facility and department operations.</p> <ul style="list-style-type: none"> • Demonstrates a commitment to the practices of Quality Improvement (QI). • Regularly attends Department huddles
7.	<p>Performs other duties as assigned.</p>

ESSENTIAL Work Environment & Physical Requirements:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Physical Activity	Not Applicable	Occasionally (0-35% of day)	Frequent (36-66% of day)	Continuous (67-100% of day)
Sitting			X	
Standing		X		
Walking		X		
Climbing	X			
Driving		X		
Lifting (floor to waist level)		40 lbs.	50 lbs.	10 lbs.
Lifting (waist level and above)		40 lbs.	50 lbs.	10 lbs.
Lifting (shoulder level and above)		40 lbs.	50 lbs.	10 lbs.
Carrying objects			X	
Push/pull		200 lbs.	150 lbs.	10 lbs.
Twisting		X		
Bending		X		
Reaching forward			X	
Reaching overhead		X		
Squat/kneel/crawl		X		
Wrist position deviation				X
Pinching/fine motor activities				X
Keyboard use/repetitive motion				X

Sensory Requirements	Not Applicable	Accurate 20/40	Very Accurate 20/20
Near Vision		X	
Far Vision		X	
Color Discrimination	X		
Depth Perception		X	
Hearing		X	

Environment Requirements <i>Occupational Exposure Risk Potential</i>	Not Anticipated	Reasonably Anticipated
Bloodborne Pathogens		X
Chemical		X
Airborne Communicable Disease		X
Extreme Temperatures	X	
Radiation	X	

Uneven Surfaces or Elevations		X		
Extreme Noise Levels		X		
Dust/Particulate Matter				X
Other (List)				
Shift Requirements	8 hrs/day	10 hrs/day	12 hrs/day	Other (varied)
Usual workday hours	X	X		
Regular, punctual attendance for assigned shifts	Yes			
Available to work overtime	Yes			

ESSENTIAL FUNCTION FORM

In compliance with the Americans with Disabilities Act, we are requesting that you read the job description and answer the following question. If you would like assistance with this process, please ask Human Resources.

Can you perform the essential functions of the position with or without reasonable accommodations?

YES

NO

Name (please print): _____

Signature: _____ Date: _____