

CRHC Walk-in Clinic

Located inside CRHC

Clinic Hours:

Monday - Friday | 7 AM – 7 PM

Every Saturday | 8 AM – 4 PM

Patients should still check in at the front entrance before going to the walk-in clinic.

- Cough, cold or sore throat
- Sinus/ear infections
- Fever/flu-like symptoms
- Rash/skin infection
- Minor injuries
- Sprains or strains
- Other minor medical concerns



Advancing Exceptional Care
and winning awards in our community!

CRHC's Clinic Contact Information

📍 **Clarinda Regional Health Center**
220 Essie Davison Drive
Clarinda, Iowa 51632

☎ 712-542-8330

🌐 ClarindaHealth.com

🕒 Clarinda Medical Associates
Clinic Hours: 7:00am-7:00pm

📍 **Bedford Family Health Center**
303 Pearl Street
Bedford, Iowa 50833

☎ 712-523-1146

📍 **Villisca Family Health Center**
309 South 5th Avenue
Villisca, Iowa 50864

☎ 712-826-3003

Advancing Exceptional Care



Our Family Healthcare Providers



220 Essie Davison Dr.
Clarinda, Iowa 51632

P (712) 542-8330
F (712) 542-8397

ClarindaHealth.com
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Theo Barley, MD

- Administrative Physician
- Board Certified in Family Medicine



Paige Jones, ARNP

- Certified Family Nurse Practitioner
- Graduate of Chamberlain University
- **Voted Best NP in the "Best of SWI" contest in 2025**
- Sees patients of all ages in Clarinda



Bryon Schaeffer, MD

- Board Certified in Family Medicine
- Graduate of the University of Iowa
- Serves as Chief Medical Officer



Katie Burns, ARNP

- Certified Family Nurse Practitioner
- Graduate of Clarkson College
- Sees patients of all ages in Clarinda



Rosemary Koeppel, MD

- Board Eligible in Pediatrics
- Graduate of Southern Illinois University School of Medicine
- **Voted Best Pediatrician in "Best of SWI" contest in 2025**
- Sees children in Clarinda



William Shelton, MD

- Board Certified in Family Medicine
- Graduate of University of Nebraska
- Certified to perform DOT physicals
- **Voted Best Family Physician in "Best of SWI" in 2019, 2022, 2024 & 2025**



Lauren Davison, ARNP

- Certified Family Nurse Practitioner
- Graduate of Clarkson College
- Certified to perform DOT Physicals
- Sees patients of all ages in Clarinda



Michael Mahoney, MD

- Board Certified in Internal Medicine
- Graduate of University Nebraska Medical Center
- **Voted Best Family Physician in "Best of SWI" 2021**
- Sees patients 18 years+ in Clarinda



Dale Stogdill, ARNP

- Certified Family Nurse Practitioner
- Graduate of Clarkson College
- **Voted Best Nurse Practitioner in "Best of SWI" 2021 & 2024**
- Sees Internal Medicine patients alongside Dr. Mahoney at CRHC



Kirsten Hamilton, ARNP

- Certified Family Nurse Practitioner
- Graduate of Herzing University
- Sees patients in Clarinda & Bedford
- **Voted Best Women's Health Provider in "Best of SWI" in 2024 & 2025**



Ryan Mahoney, DNP

- Doctor of Nursing Practice (DNP)
- Graduate of Nebraska Methodist
- Sees Internal Medicine patients alongside Dr. Mahoney in Clarinda



Christina Solt, DNP

- Doctor of Nursing Practice (DNP)
- Graduate of Creighton University
- Sees patients of all ages in Villisca



Brittney Hill, ARNP

- Certified Family Nurse Practitioner
- Graduate of Clarkson College
- **Voted Best NP in the "Best of SWI" contest in 2022**
- Sees patients of all ages in Clarinda



Kaylee Messner, ARNP

- Certified Family Nurse Practitioner
- Graduate of Graceland University
- Certified to perform DOT Physicals
- Sees patients of all ages in Bedford



Alishia Thompson, ARNP

- Certified Family Nurse Practitioner
- Graduate of Chamberlain University
- Sees patients in the Walk-In Clinic



Jose Luis Hinojosa, MD

- Board Certified in Family Medicine
- Graduate of University of Cincinnati College of Medicine
- Sees patients of all ages in Clarinda



Fildrin Ndimbo, MD

- Board-Eligible in Family Medicine
- Graduate of University of Texas Health & Science Center
- Sees patients of all ages in Clarinda



Amy Wilmes, ARNP

- Certified Family Nurse Practitioner
- Graduate of Creighton University
- **Voted Favorite Provider in SWI's Readers' Choice 2018**
- Sees patients of all ages in Clarinda