

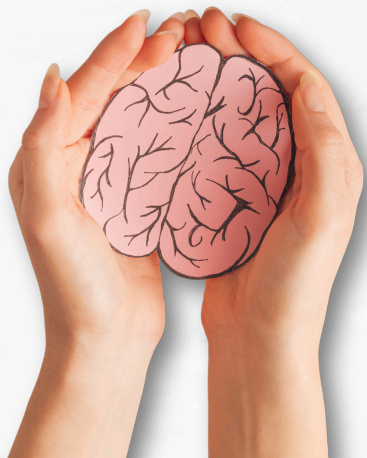
Mental Health Services at VFHC

Psychiatric Medication Management


By Trista Grossnickle, PMHNP-BC
Every Monday from 7am - 7pm


As part of a comprehensive treatment plan for mental wellness, this sometimes includes the need for psychotropic medications. CMHC providers visiting VFHC can provide psychiatric medication management, including commonly used drugs and specialized injectable formulas. We can also provide options for treatment-resistant depression.

Laboratory services are available for the analysis of blood draws and urinalysis for precise prescription drug monitoring.



Clinic Contact Information

 (712) 826-3003

 (712) 826-3043

 309 South 5th Ave
Villisca, Iowa 50864

 ClarindaHealth.com

Clinic Hours

Monday	8:00 - 4:00 PM
Tuesday	8:00 - 4:00 PM
Wednesday	8:00 - 4:00 PM
Thursday	8:00 - 4:00 PM
Friday	8:00 - 3:00 PM

We offer extended hours on Mondays for mental health services: 7:00 AM - 7:00 PM



Caring for your health

Learn more about our comprehensive services for patients of all ages

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Villisca, IA 50864

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ClarindaHealth.com
 Find us on Facebook

Primary Care For All Ages

- Acute illness and injury care
- Allergy shots
- Chronic disease management
- Immunizations
- Medicare Visits
- Minor office procedures
- Mental health Counseling
- Medication review
& renewal Labs
- Physicals and follow-up visits
- Primary care visits
- Preventative care visits



PEDIATRIC SERVICES

- **Well-Child Checks:** *assessments by our provider for developmental, growth, nutritional, vision, hearing, and medication needs for children.*
- **Sports physicals:** *can be performed during a WCC or as a separate visit to ensure adequate health for participation in physical activities.*
- **Chronic disease screening:** *to reduce disease risk and for early detection, so treatment can be most effective.*
- **Medication Management:** *RX refills and dosage adjustments.*
- **Immunization for all ages**

Meet Our Providers



Christina Solt, DNP
Doctor of Nursing Practice



Trista Grossnickle, PMHNP-BC
Mental Health Nurse Practitioner