

WHY HIBICLENS™?

Because skin is not sterile, we need to be sure that your skin is as free of germs as possible before surgery. You can play an important role in your own health, before surgery. You can reduce the number of germs on your skin by carefully washing before surgery.



Hibiclens (chlorhexidine gluconate, CHG) has been trusted by hospitals for over 40 years as a pre-operative skin wash and can help reduce the risk of surgical site infections (SSIs) caused by germs that live on the skin.

QUESTIONS?

CONTACT CRHC'S SURGERY DEPARTMENT

📞 712-542-8349

🕒 Monday - Friday
7:00am - 3:30pm

🌐 ClarindaHealth.com



Scan the QR Code
with your mobile
device to watch a
helpful Hibiclens
instructional video



PRE-OPERATIVE HIBICLENS™ BATHING INSTRUCTIONS

!! IMPORTANT !!

You will need to shower with a special soap called Hibiclens™ (chlorhexidine gluconate, CHG). If allergic to chlorhexidine, please notify your doctor or surgeon.

PLEASE DO NOT:

- Do NOT use if you are allergic to chlorhexidine. Notify us if you are.
- Do NOT shave the area of your body where surgery will be performed.
- Do NOT use Hibiclens™ to wash your face and be sure to keep out of the eyes, ears, mouth, or peri-area.
- Do NOT wash with regular soap after Hibiclens™ is used.
- Do NOT apply any lotions, deodorants, powders, or perfumes to the body areas that have been cleaned with Hibiclens™.
- If you get Hibiclens™ on your clothing or towels, do NOT use bleach. It will cause a chemical reaction that will turn the stain brown.

Wash #1 Date: _____
NIGHT BEFORE YOUR SURGERY

Wash #2 Date: _____
MORNING OF YOUR SURGERY



You should shower with CHC soap two (2) times before your surgery, or more often if directed by your surgeon:



Wash your hair, face, and body with normal shampoo and/or conditioner. Then rinse it all completely.



After rinsing normal shampoo/conditioner. Turn off shower or step out of the bathwater.



Pour a quarter size amount of Hibiclens soap onto a wet, clean washcloth or directly onto your skin and wash gently from the neck down.



Do not use regular soap after Hibiclens and dry your skin with a clean towel. Dress in freshly laundered clothing after bathing.

HIBICLENST™ WASHING INSTRUCTIONS

Following these instructions will help you be sure that your skin is clean before surgery:

- Shower or bathe with Hibiclens™ the night before your surgery and the morning of surgery.
- With each shower or bath, wash your hair as usual with your normal shampoo/products.
- Rinse your hair and body thoroughly after you shampoo your hair to remove any residue.
- Then apply the Hibiclens™ soap to your entire body **ONLY FROM THE NECK DOWN** making sure you are out of a shower stream or sitting bathwater to avoid rinsing too soon.
- Wash thoroughly, paying special attention to the area where your surgery will be performed.

