SERVICES AT A GLANCE

IMAGING SERVICES

- Minimally Invasive Biopsies
- Screening & Diagnostic Mammography
- X-ray, Ultrasound, CT Scan, MRI
- Positron Emmision Tomography (PET)

INFUSION CENTER SERVICES

- Appointments with Medical Oncologist and providers
- Care provided by Chemotherapy Certified Nurses
- Chemotherapy
- Immunotherapy
- Port / PICC Line care and maintenance
- Referrals to on-site physical therapists, occupational therapists, and lymphedema specialists
- Blood transfusions
- IV antibiotics
- Other injections and infusions as ordered by your doctor

CONTACT CRHC

Clarinda Regional Health Center
220 Essie Davison Drive
Clarinda, Iowa 51632

CRHC MAIN PHONE
(712) 542-2176

INFUSION CENTER
(712) 542-6747

RADIOLOGY DEPARTMENT
(712) 542-8245

Learn More Online

www.ClarindaHealth.com

Clarinda Regional Health Center

Breast Health Services

220 Essie Davison Dr.
Clarinda, Iowa 51632

P (712) 542-2176
F (712) 542-8233

ClarindaHealth.com
Find us on Facebook

KNOW YOUR RISK

- Talk to your family to learn about your family's health history.
- Talk to your doctor about your personal risk of breast cancer.

GET SCREENED

- Ask your doctor which screening tests are right for you if you are at a higher risk.
- Have a mammogram every year starting at age 40 if you are at average risk

BE BREAST AWARE

Know how your breasts look and feel and report changes to your health care provider right away.

MAKE HEALTHY LIFESTYLE CHOICES

1. Maintain a healthy weight
2. Add exercise to your routine
3. Limit alcohol intake.

ABOUT BREAST CANCER

Breast cancer is the most frequently diagnosed cancer and is the leading cause of cancer death in women world wide. This type of cancer can be found in both men and women although breast cancer in men is rare. Because of ever improving screening methods and treatments, the risk of death from breast cancer has been decreasing. It's important to stay up-to-date on your mammograms in order to catch it early.

CANCER CARE AT CRHC

Our multi-disciplinary care team is experienced in the treatment of breast cancer and includes an entire team of people, like a Medical Oncologist and Physician Assistant, radiologists, registered mammogram technologists, ultrasonographers, pathologists, and surgeons who work together to provide breast screening services as well as timely diagnosis and treatment of breast abnormalities. Other important team members at CRHC include nurses with advanced training and certification, registered dietitians, and occupational and physical therapists who are all committed to your care.

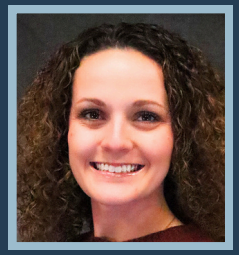
MEET OUR TEAM

DR. MUHAMMAD RAZA NAQVI

Board-Certified Oncologist and Hematologist

SARAH LOCHMAN, PA-C

Hematology and Oncology Physician Assistant



JULIE ORME, MOT, OTR/L, CLT

Oncology Rehabilitation Specialist

ONCOLOGY REHAB SERVICES LED BY A PORI-CERTIFIED PROVIDER WHO:

- Knows how cancer & treatments affect the entire body (not just one area)
- How to prevent, identify, & treat side effects early
- How to help patients stay functional, active, & independent