

WHAT IS OCCUPATIONAL HEALTH & WHY IS IT IMPORTANT?

Clarinda Regional Health Center is dedicated to improving the health of employees and the community through occupational health services. We want to be a resource for our community members while controlling the healthcare costs of employers big and small.

WORKER'S COMPENSATION

Our Occupational Health Nurse will manage return-to-work injuries, worksite assessment, case management services, and communication between your Work Comp carrier and the provider!

If you feel that there is a service or program you want to know more about as an employee or employer, please let us know!



OCCUPATIONAL HEALTH TEAM



Mike Hartman, PTA

Physical Therapist Assistant
Department: (712) 542-8224



Abbey Orme, MOT, OTR/L

Occupational Therapist
Scheduling: (712) 542-8224



Dr. William Shelton

Work Comp Provider
Scheduling: (712) 542-8330



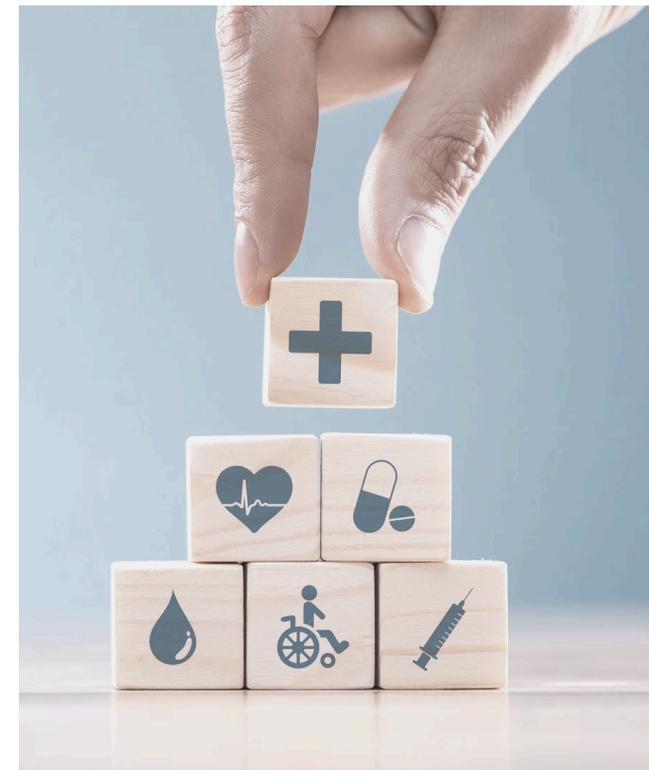
Lauren Davison, ARNP

Work Comp Provider
Scheduling: (712) 542-8330

Advancing Exceptional Care



Occupational Health



*Comprehensive, efficient service
from a healthcare team you trust.*

SERVICES AVAILABLE TO EMPLOYERS

PHYSICAL & OCCUPATIONAL THERAPY SERVICES

- Physical Capacity Profile (PCP) Test
- Ergonomic Evaluation and Education
- Work-Site/Station Evaluation

OCCUPATIONAL HEALTH SERVICES

- Hearing Screening
- Color Blind Testing
- Vaccinations:
 - Influenza
 - Tetanus/Tdap
 - Hepatitis B (Series of 3)
 - MMR (Series of 2)
 - Varicella (Series of 2)
 - COVID-19 (Series of 2, Primary)
 - COVID-19 Bivalent Booster

PROVIDER SERVICES

- Pre-Employment Physical
- Commercial Driver Medical Exam (DOT Physical)
- Worker's Comp Post Injury Evaluation
- Specialist Worker's Comp Visits



RESPIRATORY SERVICES

- Respiratory Mask Fit Testing
- Spirometry

LABORATORY SERVICES

- Alcohol & Drug Testing
- Breath Alcohol Screening
- Titers
- Hepatitis B
- Tuberculosis (TB) Gold
- MMR
- Varicella

Let CRHC Coordinate Wellness Health Fairs For Your Business

Wellness clinics can be scheduled at your place of business by reaching out to our Occupational Health Nurse. These clinics can include a variety of offerings to serve each business's exact needs!

- **Annual wellness labs**
 - General Blood Screen that includes 22 blood tests like a complete blood count, comprehensive metabolic panel, lipid panel, thyroid, stimulating hormone, & more
 - Vitamin D Deficiency
 - Hemoglobin A1C
 - Prostate Screen (Men only)
- **Biometrics**
 - BMI
 - Body Fat
 - Waist circumference
 - Height
 - Weight
 - Blood pressure
- **Vaccinations**
 - Influenza
 - COVID-19

