

BLOOD GLUCOSE PATIENT LOG SHEET

REVIEWED 11/2025

Before Breakfast	After Breakfast	Before Lunch	After Lunch	Before Supper	After Supper	Bedtime	Exercise/Other Comments
			Before After Lunch	Before After Lunch After	Before After Lunch After Before	Before After Lunch After Before After	Before After Lunch After Before After Redtime

Patient Name:______Phone Number:_____

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Patient Name: _____Phone Number: _____

Becki Franks RN, CDCES

Certified Diabetes Care & Education Specialist Questions? Call: 712.542.8263