



KIRSTEN HAMILTON, ARNP, FNP-C

BREASTFEEDING SUPPORT PROVIDER

Our Women's health provider can offer guidance & assistance with many feeding concerns with no referrals needed, such as:

- Difficulty Latching
- Blocked Milk Ducts
- Painful Nursing
- Mastitis
- Milk production/supply
- Sore nipples



**Call 712-542-2176 to schedule at
our clinics in Clarinda or Bedford**