



GET SCREENED

The 5 W's of Lung Cancer screening

WHY ARE SCREENINGS IMPORTANT?

ZERO SYMPTOMS

Lung cancer typically has zero symptoms until it has spread. The majority of patients are diagnosed at late stage disease, when 5 year survival rate is only 4%. Early detection can increase survival to more than 50%.



WHAT CAN I DO RIGHT NOW?

GET SCREENED

- Low-dose CT screening can help detect lung cancer early in patients at high risk.
- The National Lung Screening Trial showed that Low-dose CT screening could reduce mortality from lung cancer by at least 20%.
- Detecting Lung Cancer early can increase five-year survival rate from 4% to over 50%.



WHERE CAN GET A CT SCAN? RIGHT HERE AT CRHC!



Learn about our Radiology team and diagnostic services on our website:

www.ClarindaHealth.com



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WHO SHOULD GET SCREENED?

IF YOU ARE...



A current smoker, or quit within the last 15 years.



Have a smoking history of 30 pack years or more.



How to calculate your pack years:

$$\begin{aligned} & \# \text{ of years smoked} \\ \times & \# \text{ of packs smoked per day} \\ \hline & = \text{Your Pack Years} \end{aligned}$$

Example: Someone who smoked 2 packs per day for 20 years has 40 pack years.

WHEN SHOULD I GET SCREENED?

DON'T WAIT

If you or a loved one should be screened, speak to your provider today. Early detection could save your life!



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