CRHC's Wound Care Team Is here for you!



HANNAH WILLIAMS
BSN, RN, CWCN

Wound Care Manager



ALYSSA LAMBERT
BSN, RN, CWCN

Certified Wound RN



MELISSA GOLTZ
BSN, RN, CWCN

Certified Wound RN

Lymphedema

Ask about our providers who can care for these specialized types of health concerns!

- **Lymphedema**: tissue swelling caused by an accumulation of protein-rich fluid that's usually drained through the body's lymphatic system.

Contact CRHC's Wound Care Team

Assessments and referrals for Wound Care Services are made through a primary, specialized, or surgical physician to the CRHC wound clinic.

Monday	8:00 - 4:00 PM
Tuesday	8:00 - 4:00 PM
Wednesday	8:00 - 4:00 PM
Thursday	8:00 - 4:00 PM
Friday	8:00 - 4:00 PM

(712) 542-8271

220 Essie Davison Dr.
Clarinda, Iowa 51632

ClarindaHealth.com



Clarinda Regional Health Center

Wound & Ostomy Care



220 Essie Davison Dr.
Clarinda, Iowa 51632

P (712) 542-2176
F (712) 542-8397

ClarindaHealth.com



CRHC'S WOUND CARE NURSES CAN PROVIDE PATIENTS WITH:

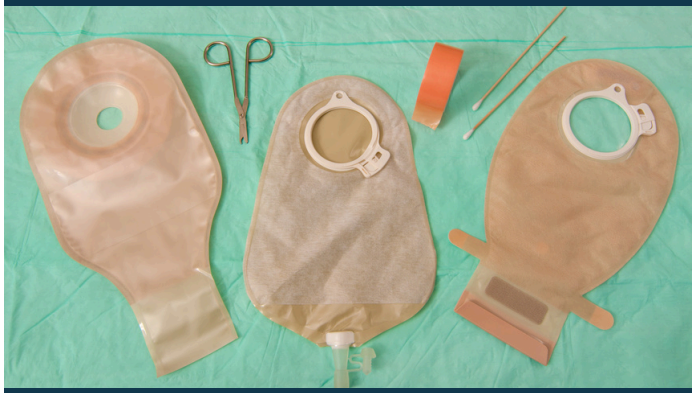
- Comprehensive Evaluation
- Individualized Care Plans
- Specialized Wound Dressings
- Patient-Centered Education
- Wound Management & Prevention
- Negative Pressure Wound Therapy
- Wound Cultures
- Compression Therapy
- Conservative Sharps Debridement
- Ostomy Management

Risk Factors

If you have any of the following conditions, you may be at risk for developing non-healing wounds:

- Peripheral vascular disease
- Diabetes
- Congestive heart failure
- Traumatic injury
- Amputations
- Complications following surgery

Ostomy Care



An ostomy is when part of the bowel or urinary system is brought to the abdomen and diverted into a "bag". Many times this occurs due to a disease or cancer. This is usually a difficult time for patients, not only accepting the procedure but learning how to care for the ostomy itself. The transition can be improved by selecting the appropriate appliances and learning proper techniques in care. Contact the Wound/Ostomy Clinic to learn basic techniques, problem solve and find out about new products for ostomies.

Mist Ultrasound Healing Therapy

Not all wounds move through the healing process as expected. In non-healing wounds sometimes progression stalls, and standard-of-care treatments fail due to a number of factors.



The Mist Therapy System used at CRHC produces a low-energy ultrasound-generated mist that promotes wound healing through wound cleansing and maintenance debridement by the removal of tissue drainage and bacteria. Mist therapy is a painless procedure that is ordered by a physician usually three times per week.

