

IN CRISIS NOW?

National Suicide Hotline
800-273-8255

Text **HOME** to **741741** to connect
with a Crisis Counselor

Call 911

If you are in crisis and feel like you are about to take your life, you can call **911** and let them know. Fairfield Officers will respond to your location, treat you with **respect & dignity**, and assist you in your time of need.

This is not a complete list of all available resources. Check with your insurance provider to see what additional options are available to you.



FAIRFIELD POLICE

CRISIS INTERVENTION TEAM

The Crisis Intervention Team (CIT) consists of police officers specially trained to recognize various mental health and substance abuse issues.

Those afflicted with some mental illness are at a higher risk of encountering law enforcement. It is crucial for officers to distinguish between symptoms of a mental health crisis and intentional evasive or combative behavior. CIT Officers play a key role in achieving positive resolutions for individuals in crisis.

Fairfield PD Social Worker:

Jessica Bloomberg

(203) 254 - 4845



203-254-4807



FPDCT.COM



100 REEF ROAD, FAIRFIELD CT 06824

FAIRFIELD POLICE DEPARTMENT



CRISIS INTERVENTION TEAM

YOUR HEALTH & WELLNESS IS OUR PRIORITY

ADULT & GENERAL

COUNSELING & SUPPORT SERVICES

Alzheimer's Association, CT Chapter
1-800-272-3900 24/7 Help Line

Autism Speaks

888-288-4762 | Mon-Fri 9am-5pm
203-265-7717

AutismSpeaks.org | CT-asrc.org

Department of Children & Families

Bridgeport Office | (203) 384-5300
General Careline 1-800-842-2288



National Alliance on Mental Illness (NAMI)

Fairfield: 203-586-0826

Advocacy & support for persons or families with mental illness.

NAMIFairfield.org | NAMICT.org

NAMI HelpLine | Mon-Fri: 10am-10pm

1-800-950-6264 | HelpLine@nami.org

Alcoholics Anonymous

203-855-0075 10am-10pm



Narcotics Anonymous

1-800-627-3543 | CTNA.org



C.A.R.E.S.

203-747-8696

Support Groups & Resources for families & individuals suffering from substance abuse

confidanthealth.com

Mobile Crisis | 1-800-586-9903

Department of Mental Health and Addiction Services (DHMAS)

1-800-586-9903 | Every Day 8am-4:30pm
www.DHMAS.gov

Fairfield Counseling Services

203-255-5777 | LifeBridgeCT.org

Mon: 9am-6pm

Tues, Wed, Thurs: 9am-8pm | Fri: 9am-1pm

Counseling, psychiatric and substance abuse evaluation.

FAITH LEADERS

St. Paul's Episcopal Church

Rev. Curtis Farr | (203) 259-3013

Greenfield Hill Congregational Church

Rev. Alida Ward | (203) 259-5596

Congregation Beth El

Rabbi Joshua Ratner | 203-374-5544

Black Rock Church

Rev. Josh Feay | (203) 255-3401

Grace United Methodist Church

Rev. Young Choi | (203) 374-6528

Christ Presbyterian Church

Rev. Milas Shepherd | (475)999-2373

Assumption Church

24/hr Answering Service | (203) 333-9065

St. Pius X Parish | (203) 255-6134

LIVING ASSISTANCE & SERVICES

Dial 211

Mental health crisis information, utility assistance, food, housing, child-care, school programs, elder care, etc.
www.211ct.org

Fairfield Social Services

203-256-3170

Energy Assistance, Utility Bills, COVID Recovery Funds, General Services

Open Door Shelter

4 Merrit St, Norwalk | 203-866-1057

Breakfast: 6am-8am | Lunch: 3pm-4:30pm

www.OpenDoorsCT.org

Operation Hope

203-292-5588

Handyman Service | Fairfield Residents

203-256-3120

Disability Resource Center

203-378-6977

Support Services, training & equipment to promote independent living skills for disabled people of all ages

AccessInCT.org

For Emergencies Call 911