

# IN CRISIS NOW?

National Suicide Hotline  
800-273-8255

Text **HOME** to **741741** to connect  
with a Crisis Counselor

For Youth or Young Adults in Crisis:  
Text "LISTEN" to 741-741  
CrisisTextLine.org

## Call 911

If you are in crisis or feel like you are about to take your life, you can call **911** and let them know. Fairfield Officers will respond to your location, treat you with **respect & dignity**, and assist you in your time of need.



## FAIRFIELD POLICE

CRISIS INTERVENTION TEAM

The Crisis Intervention Team (CIT) consists of police officers specially trained to recognize various mental health and substance abuse issues.

Those afflicted with some mental illness are at a higher risk of encountering law enforcement. It is crucial for officers to distinguish between symptoms of a mental health crisis and intentional evasive or combative behavior. CIT Officers play a key role in achieving positive resolutions for individuals in crisis.

### Fairfield PD Social Worker:

Jessica Bloomberg

(203) 254 - 4845



203-254-4807



FPDCT.COM



100 REEF ROAD, FAIRFIELD CT 06824

# FAIRFIELD POLICE DEPARTMENT



## CRISIS INTERVENTION TEAM

# YOUR HEALTH & WELLNESS IS OUR PRIORITY

## JUVENILES

# COUNSELING & SUPPORT SERVICES

# SUBSTANCE ABUSE

## Child Guidance Center of Greater Bridgeport

203-255-2631

Out Patient Care regarding mental health and substance abuse  
Addiction-programs.net

## Bridgeport Hospital REACH Children's Program | 203-384-3377

Indolence's experiencing emotional and behavioral difficulties.

Intensive Out-Patient (IOP)

6-8 week Group therapy sessions including medicine management

## Fairfield Counseling Services

203-255-5777 | [LifeBridgeCT.org](http://LifeBridgeCT.org)

Mon: 9am-6pm

Tues, Wed, Thurs: 9am-8pm | Fri: 9am-1pm

Counseling, psychiatric and substance abuse evaluation.

## Discovery Mood & Anxiety Program

(866) 945-0053

**Ages 11-17**

Intensive Outpatient, Partial Hospitalization

[DiscoveryMood.com](http://DiscoveryMood.com)

## Department of Children & Families

Bridgeport Office

(203) 384-5300

General Careline 1-800-842-2288



## Dial 211

Provides mental health crisis information, child-care, and school programs.

[www.211ct.org](http://www.211ct.org)

## RYASAP

203-579-2727 | [ryasap.org](http://ryasap.org)

Mediation services, child advocacy, career pathways, Juvenile Review Board diversion.

**The Kennedy Center** | 203-365-8522

Services for persons with special needs and disabilities

## Care Coordination Central Intake

203-685-4258 | [ConnectingToCareCT.org](http://ConnectingToCareCT.org)

A network of agencies that provide support for mental health & necessary services

## Autism Speaks

888-288-4762 | Mon-Fri 9am-5pm

203-265-7717

[AutismSpeaks.org](http://AutismSpeaks.org) | [CT-asrc.org](http://CT-asrc.org)

## Newtown Parent Connection Inc.

Parent Connection works closely with many of local organizations to help families in the throes of addiction.

Milford Hope & Support Group

**Every Monday | 7:00am -9:00 pm**

71 River St. Milford, CT

[ctParentConnection.org](http://ctParentConnection.org)



**C.A.R.E.S. | Confidant Health**

203-747-8696

[ConfidantHealth.com](http://ConfidantHealth.com)

Support Groups and Resources for families and individuals suffering from substance abuse.



**Al-ateen Meetings**

**Thursday Nights 8:00 PM**

**Trinity Episcopal Church**

1734 Huntington Tpke, Trumbull, CT

**Age range 12-19.**

Check [al-anon.org](http://al-anon.org) for other locations

This is not a complete list of all available resources. Check with your insurance provider to see what additional options are available to you.

**For Emergencies Call 911**