

IN CRISIS NOW?

National Suicide Hotline
800-273-8255

Text **HOME** to **741741** to connect
with a Crisis Counselor

Call 911

If you are in crisis and feel like you are about to take your life, you can call **911** and let them know. Fairfield Officers will respond to your location, treat you with **respect & dignity**, and assist you in your time of need.



FAIRFIELD POLICE

CRISIS INTERVENTION TEAM

The Crisis Intervention Team (CIT) consists of police officers specially trained to recognize various mental health and substance abuse issues.

Those afflicted with some mental illness are at a higher risk of encountering law enforcement. It is crucial for officers to distinguish between symptoms of a mental health crisis and intentional evasive or combative behavior. CIT Officers play a key role in achieving positive resolutions for individuals in crisis.

Fairfield PD Social Worker:

Jessica Bloomberg

(203) 254 - 4845



203-254-4807



FPDCT.COM



100 REEF ROAD, FAIRFIELD CT 06824

FAIRFIELD POLICE DEPARTMENT



CRISIS INTERVENTION TEAM

**YOUR HEALTH
& WELLNESS
IS OUR PRIORITY**

SUBSTANCE ABUSE

COUNSELING & SUPPORT SERVICES



C.A.R.E.S. | Confidant Health
203-747-8696
ConfidantHealth.com

Support Groups and Resources for families and individuals suffering from substance abuse.

Department of Mental Health and Addiction Services (DHMAS)
1-800-586-9903 | Every Day 8am-4:30pm
www.DHMAS.gov

National Alliance on Mental Illness (NAMI)

Fairfield: 203-586-0826
Advocacy & support for persons or families with mental illness.
NAMIFairfield.org | NAMICT.org

The NAMI HelpLine

Monday-Friday: 10am – 10 pm
1-800-950-6264 | helpline@nami.org

Dial 211

Provides mental health crisis information, child-care, and school programs.
www.211ct.org

Mobile Crisis | 1-800-586-9903



Alcoholics Anonymous
203-855-0075 10am-10pm



Narcotics Anonymous
1-800-627-3543
CTNA.org

Silver Hill Hospital | 866-542-4455

Non-profit hospital in New Canaan that provides leading treatment for psychiatric and addiction disorders. In-patient/out-patient and transitional living programs.
silverhillhospital.org

Liberation Programs | 203-384-9301
In & Out-patient Substance Abuse Services
LiberationPrograms.org

Aware Recovery Care of CT

203-779-5799
Confidential Line for Immediate Help:
1-844-292-7372
awarerecoverycare.com

This is not a complete list of all available resources. Check with your insurance provider to see what additional options are available to you.

Fairfield Counseling Services

203-255-5777
Mon: 9am-6pm
Tues, Wed, Thurs: 9am-8pm
Fri: 9am-1pm
Counseling, psychiatric and substance abuse evaluation.
lifebridgect.org

YOUNG ADULTS



Al-ateen Meetings
Thursday Nights 8:00 PM
Trinity Episcopal Church

1734 Huntington Tpke, Trumbull, CT
Age range 12-19.

Check al-anon.org for other locations

Newtown Parent Connection Inc.

Parent Connection works closely with many of our local organizations to help families in the throes of addiction.

Milford Hope & Support Group
Every Monday | 7:00am -9:00 pm
71 River St. Milford, CT
ctParentConnection.org

For Emergencies Call 911