

# IN CRISIS NOW?

National Suicide Hotline  
800-273-8255

Text HOME to 741741 to connect  
with a Crisis Counselor



## Call 911

If you are in crisis and feel like you are about to take your life, you can call 911 and let them know. Fairfield Officers will respond to your location, treat you with **respect & dignity**, and assist you in your time of need.

This is not a complete list of all available resources. Check with your insurance provider to see what additional options are available to you.



## FAIRFIELD POLICE

CRISIS INTERVENTION TEAM

The Crisis Intervention Team (CIT) consists of police officers specially trained to recognize various mental health and substance abuse issues.

Those afflicted with some mental illness are at a higher risk of encountering law enforcement. It is crucial for officers to distinguish between symptoms of a mental health crisis and intentional evasive or combative behavior. CIT Officers play a key role in achieving positive resolutions for individuals in crisis.

### Fairfield PD Social Worker:

Jessica Bloomberg

(203) 254 - 4845



203-254-4807



FPDCT.COM



100 REEF ROAD, FAIRFIELD CT 06824

# FAIRFIELD POLICE DEPARTMENT

## CRISIS INTERVENTION TEAM



## YOUR HEALTH & WELLNESS IS OUR PRIORITY

### THANK YOU, FOR YOUR SERVICE

## VETERANS

# COUNSELING & SUPPORT SERVICES

## C.A.R.E.S.

203-747-8696

Support Groups and Resources for families and individuals suffering from substance abuse

[Thecaregroup.org](http://Thecaregroup.org) | [confidanthealth.com](http://confidanthealth.com)

## Department of Mental Health and Addiction Services (DHMAS)

1-800-586-9903

Every Day 8am-4:30pm

[www.DHMAS.gov](http://www.DHMAS.gov)

## Fairfield Counseling Services

203-255-5777

Mon: 9am-6pm

Tues, Wed, Thurs: 9am-8pm

Fri: 9am-1pm

Counseling, psychiatric and substance abuse evaluation.

[lifebridgect.org](http://lifebridgect.org)

## Honor Wellness Center

(860) 919-9762

[phyllis@honorwellness.org](mailto:phyllis@honorwellness.org)

Holistic individual and group treatment to veterans and first responders

[HonorWellness.org](http://HonorWellness.org)

## Mobile Crisis |1-800-586-9903

## The Connecticut Military Support Program (MSP)

Confidential Line: 866-251-2913

MSP provides an array of behavioral health services to Connecticut's veterans, citizen soldiers and their family members

## National Alliance on Mental Illness (NAMI)

Fairfield: 203-586-0826

Advocacy & support for persons or families with mental illness.

[NAMIFairfield.org](http://NAMIFairfield.org) | [NAMICT.org](http://NAMICT.org)

## The NAMI HelpLine

Monday-Friday: 10am – 10 pm

1-800-950-6264 | [helpline@nami.org](mailto:helpline@nami.org)

## Alcoholics Anonymous

203-855-0075 10am-10pm



## Narcotics Anonymous

1-800-627-3543

[CTNA.org](http://CTNA.org)



## The Kennedy Center

203-365-8522

Services for persons with special needs and disabilities

# LIVING ASSISTANCE & SERVICES

## Dial 211

Provides mental health crisis information, utility assistance, food, housing, child-care, school programs, elder care, etc.

[www.211ct.org](http://www.211ct.org)

## Fairfield Social Services

203-256-3170

Energy Assistance, Utility Bills, COVID Recover Funds, General Services

## Open Door Shelter

4 Merrit St, Norwalk

Breakfast: 6am-8am | Lunch: 3pm-4:30pm

203-866-1057

[www.opendoorsct.org](http://www.opendoorsct.org)

## Handyman Service | Fairfield Residents

203-256-3120

## Operation Hope

203-292-5588

## Disability Resource Center

203-378-6977

Support Services, training & equipment to promote independent living skills for disabled people of all ages

[AccessInCT.org](http://AccessInCT.org)

For Emergencies Call 911