

Specialized Mental Health Treatment Unit (SMHTU) – Orientation to the Program

SPECIALIZED MENTAL HEALTH PROGRAM

Offenders assigned to the Specialized Mental Health Treatment Unit, are here to receive an individualized focus on their specific mental health needs. Any offender can refuse treatment, and talk to a MH Counselor, if this is what you want to do. However, we hope you will give the program a chance to work for you and also earn some of the incentives that will be available as you progress through the program.

CONDUCT REQUIREMENTS

- Follow the Rules and Regulations of the GDC.
- Required to be “inspection ready” concerning your cell, your property, and your person. A Management Team member will make rounds within the living unit daily.
- Register concerns in an appropriate manner to any inspection team member.
- Appropriately dressed when leaving cell.
- Movement within dorm is under direct escort by Security/Staff.
- No boisterous, profane, vulgar or obscene language.
- Participation in homosexual behavior or any sexual behavior (masturbation) or activity with any person will subject you to major disciplinary action.
- No trading, swapping or lending anything, no matter how small in value or size will take place between you and other offenders.
- Do not interfere or hinder a staff member from their duty.
- All orders and instructions given to you by prison staff is considered an official order which you must obey.
- Do not perform any careless, reckless, negligent or willful act/behavior which causes a fire or unsafe situation.
- At no time shall a prison locking device or any security equipment be removed or tampered within any manner. If you deliberately damage state property, you will be given a DR (Disciplinary Report) and your account will be temporarily frozen, pending the results of the DR hearing. If you are found guilty, your account will be permanently frozen until you have paid for the damage in full.

PROGRESSION THROUGH SMHTU

An offender is given the opportunity to progress through the four (4) levels of the program based upon his behavior and ability to adjust. Movement between the Levels is based upon the offender meeting or failing to meet the expectations outlined in the offender’s individualized treatment plan. Progress through the levels is contingent on mental health program compliance and therapeutic progress. In general, levels should be dropped or increased one (1) level at a time.

The Mental Health Treatment Team in collaboration with the offender will develop his Treatment Plan during Basic Level of the SMHTU Mental Health Program. The Mental Health Treatment Plan will be utilized to measure the offender’s progress or lack of progress within the program. The SMHTU Mental Health Counselor in conjunction with the Mental Health Treatment Team may modify the offender’s Treatment Plan as warranted, depending on his conduct/behavior while moving through any one of the levels.

The SMHTU Mental Health Counselor will complete an informal 30-day contact to assist with the determination if an offender will move from one (1) level to another.

At the end of 60 days, a formal 60-day review will be completed. The SMHTU Mental Health Counselor in conjunction with the SMHTU Mental Health Treatment Team will make recommendations to the offender about treatment goals and readiness for progressing up a level.

The Team will recommend and approve the following recommendation:

Retained in the current Level of SMHTU MH Program
Reassignment to a lower Level of SMHTU MH Program
Reassignment to a higher Level of SMHTU MH Program
Reassignment to a Transition Program.

The SMHTU Mental Health Team and Security Unit Manager may meet with the SMHTU offender to discuss exemplary behavior or significant misbehavior. Sanctions or rewards will also be discussed.

OFFENDER SERVICES

MENTAL HEALTH COUNSELING SERVICES

The SMHTU Mental Health Counselor will make rounds daily. The SMHTU Mental Health Counselor will provide individual counseling sessions in the therapeutic modules or restart chairs. Activity Therapy may be provided at the cell front or in the therapeutic modules or restart chairs. All appointments with psychiatry/psychology and group therapy will be held in the therapeutic modules or restart chairs.

LIBRARY SERVICES

Access to General and Law Library materials must be in writing and sent through the prison mail system.

Offenders must sign for all material received and material is not to be swapped among any other offender.

Days and time of delivery may change due to security or institutional needs or holidays. All efforts will be made to deliver legal material twice weekly. All efforts will be made to deliver general library material once a week.

CHAPLAINCY SERVICES

In case of an emergency, (death in family, serious illness, an injury to a family member, divorce, or some other family trauma), you should request the officer available to you, to contact the Chaplain for counsel relating to the emergency.

Religious materials and visits are available to you. Contact the Chaplaincy Office.

HEALTH CARE SERVICES

Sick call will be conducted for SMHTU MH offenders Monday through Friday by medical staff in a designated area. To ensure patient confidentiality, envelopes and the Health Services Request Form will be picked up by the nurse on daily rounds.

*****A more detailed SMHTU program handbook is available through the assigned counselor. *****

SMHTU Mental Health Program Privilege List

	Basic	Intermediate	Advanced	Ultimate Level
Personal Property	Limited to State Issued Only (Hygiene Items-See Below)	Limited to State Issued Only (Hygiene Items-See Below)	Limited to State Issued Only (Hygiene Items, Photo Albums-See Below)	All Personal Property May have CD player, up to 10 CD's, 4 batteries, 1 headphone, mp3, mp4, or tablet
Commissary	\$15 Commissary (Restricted Store Items) after completion of Orientation	\$15 Commissary (Restricted Store Items)	\$30 Commissary (Restricted Store Items)	Up to \$40 for commissary (restricted store list)
Telephone	(1)-15 min. call/month	(2)-15 min calls/month	Up to (3)-15 min. calls/month	Up to (4) – 15 min call per month
Recreation (unstructured activity – M-F)	2 hours per day	2 hours per day	2 hours per day	2 hours per day (additional hours as an incentive)
Television (in cell)	None	None	None	None
Television		Television time (1 hr) will be as a Daily ACTIVITY and utilized as an Incentive (Extra Television time)	Television time (1 hr) will be as a Daily ACTIVITY and utilized as an Incentive (Extra Television time)	Television time (1 hr) will be as a Daily ACTIVITY and utilized as an Incentive (Extra Television time)
Visitation	One (1) Non-contact per month for up to 2 hours (2 visitors only)	Up to Two (2) Non-contact per month for up to 2 hours (2 visitors only)	Up to Three (3) Non-contact per month for up to 2 hours (2 visitors only)	Up to Three (3) Non-contact per month for up to 2 hours (2 visitors only) { Additional visitation as an incentive)
Clothing	State issued jumpsuits and footwear	State issued jumpsuits and footwear	State issued jumpsuits and footwear	State issued jumpsuits and footwear
Shaving	3x wk, clippers	3x wk, clippers	3x wk clipper shave, daily	3x wk clipper shave, daily
Showers	3x/wk out of cell	3x/wk out of cell	3x/wk out of cell	3x/wk out of cell
Mental Health Programming (structured activity- M-F)	Groups and Individual Treatment including Activity Therapy in Therapeutic Modules (10 hours out-of-cell activities per week) *food incentives-AT/Individual Mental Health	Groups and Individual Treatment including Activity Therapy in Therapeutic Modules (10 hours out-of-cell activities per week) *food incentive-group participation	Groups and Individual Treatment including Activity Therapy in Therapeutic Modules (10 hours out-of-cell activities per week) *food incentives of group participation	Groups and Individual Treatment including Activity Therapy in Therapeutic Modules/chairs (10 - 20 hours out-of-cell activities per week) *food incentives of group participation

Mail	Personal /Legal Mail excludes pictures (see below)	Personal /Legal Mail excludes pictures (see below)	Personal /Legal Mail (see below)	Personal/Legal Mail/magazine subscriptions (see below)
Library	LEGAL (per institutional schedule)	LEGAL (per institutional schedule)	GENERAL AND LEGAL (per institutional schedule)	GENERAL AND LEGAL (per institutional schedule)
Restraints	Handcuffs at a minimum	Handcuffs at a minimum	Handcuffs at a minimum	Handcuffs at a minimum (as an incentive in other areas where offenders are not handcuffed)
In-Cell Leisure Activities (Reading Materials, Art Materials, Puzzles, mp3, mp4, tablets)	1x per week	2x per week	3x per week	Daily
SecurePak	None	None	All	All
Personal Packages	None	None	2x per year	Quarterly

SMHTU Mental Health Program Property Allowance

Envelopes 25
 Letters 20 (provided they fit into one 10 x 13 manila envelope)
 Pencils 2
 Pens 2
 Stamps 20 (need proof of ownership)
 Toothbrush 1 (Offender may keep personal toothbrush in exchange for state issued toothbrush)
 Toothpaste 2
 Tablet 1
 Approved Religious Text
 Religious pendants w/necklace
 Prayer rug
 Kufi / Yarmulke
 Shower Shoes 1 Pair (Offender may keep personal shower shoes until the facility provides state issued shower shoes)

SMHTU Mental Health Program Incentives

Personal photographs (total 20 in possession)
 Sketch pad (1)
 Colored pencils (1 small box of 10-12)
 Extra reading material (books, magazines) or in-house library services
 Puzzle book (1) and sheets
 Extra hygiene items
 Food items or allowed to order 2 items out of 5 approved store items
 Greeting cards
 1 small cup for drinks
 Loaner television (depends on the facility)
 [Other incentives as available and appropriate, e.g. jigsaw puzzles, music, films/documentaries of therapeutic value]

Retention Schedule: Orientation form shall be posted in the mental health area until replaced or obsolete. Completed forms shall be placed in the offender's mental health file. At the end of the offender's need for mental health services and/or sentence, the mental health file shall be placed within the offender's health record and retained for 10 years.