



Policy No. 303	Subject: Status 16-0: Physical and Mental Restoration Services
Section: Services	Revised: 4/2022
Signature: Eric Evans, Bureau Chief	Version: FINAL

1. SCOPE OF SERVICES

Physical and mental restoration services mean:

- a. Corrective surgery or therapeutic treatment that is likely, within a reasonable period of time, to correct or modify substantially a stable or slowly progressive physical or mental impairment that constitutes a substantial impediment to employment;
- b. Diagnosis of and treatment for mental or emotional disorders by qualified personnel in accordance with Iowa licensure laws;
- c. Dentistry;
- d. Nursing services;
- e. Necessary hospitalization (either inpatient or outpatient care) in connection with surgery or treatment and clinic services;
- f. Drugs and supplies;
- g. Prosthetic and orthotic devices;
- h. Eyeglasses and visual services, including visual training, and the examination and services necessary for the prescription and provision of eyeglasses, contact lenses, microscopic lenses, telescopic lenses, and other special visual aids prescribed by personnel that are qualified in accordance with State licensure laws (while the eyeglasses examination and other treatment services are purchased under Physical and Mental Restoration, the purchase of hardware, i.e. eyeglasses, should be purchased under [Rehabilitation Technology](#));
- i. Podiatry;
- j. Physical therapy;
- k. Occupational therapy;
- l. Speech or hearing therapy (hearing aids, cochlear implants and other motor prosthetics should be purchased under [Rehabilitation Technology](#));
- m. Mental health services;

IOWA VOCATIONAL REHABILITATION SERVICES

510 E. 12TH STREET

DES MOINES, IA 50319



IOWA VOCATIONAL REHABILITATION SERVICES

- n. Treatment of either acute or chronic medical complications and emergencies that are associated with or arise out of the provision of physical and mental restoration services, or that are inherent in the condition under treatment;
- o. Special services for the treatment of individuals with end-stage renal disease, including transplantation, dialysis, artificial kidneys, and supplies; and
- p. Other medical or medically related rehabilitation services. (34 CFR 361.5(b) (40))

These services may be provided to job candidates eligible for VR services when they will contribute to the individual's ability to prepare, enter, obtain, retain, or advance in employment. These services are to correct or reduce the effects of a physical or mental disability. Physical and mental treatment services may be provided to the extent that financial support is not readily available from a source other than IVRS (such as through health insurance, or [comparable service and benefits](#), etc.) and funding by IVRS is only considered after a financial analysis of job candidate's resources demonstrates a need for IVRS assistance. The comparable benefits and services search is required unless such a determination would interrupt or substantially delay the service and pose a significant harm to the job candidate (i.e. immediate need for medical assistance in an emergency situation, etc.).

When physical and mental restoration services are authorized, the case file must contain documentation supporting the determination that the clinical status of the individual with a disability is stable or slowly progressive. If the medical information does not contain this information, then a medical consultation should be requested.

2. AGENCY EXPECTATIONS

- a. Staff must refer to the [Purchase Principles](#) and [Procurement](#) policies when authorizing services.
- b. The [Individualized Plan for Employment \(IPE\)](#) must detail the needed restoration services and the involvement of other financial resources, especially insurance and other [comparable services and benefits](#). It should also detail any job candidate participation rate identified utilizing the R-406 Financial Inventory.

IOWA VOCATIONAL REHABILITATION SERVICES

510 E. 12TH STREET

DES MOINES, IA 50319



IOWA VOCATIONAL REHABILITATION SERVICES

- c. Physical and mental restoration should be selected as a service on the IPE even if it is funded by a [comparable service or benefit](#), but is necessary for the advancement of the IPE.
- d. Payment for physical or mental restoration services: A thorough search for all available comparable services and benefits must be made in accordance with the [Comparable Services and Benefits](#) policy. Special attention should be paid to insurance benefits the individual owns, eligibility for programs within the Department of Human Services, and state papers from the University of Iowa Hospitals and Clinics. The [R-406 Financial Inventory](#) is completed for the purchase of any medical or dental services. The [R-406 Financial Inventory](#) is completed for the purchase of hardware (i.e. hearing aids and other motor devices, prosthetics, and eyeglasses) as well but these are coded under Rehabilitation Technology.
- e. When authorizing for services within this policy, IVRS utilizes the Medicaid rate. When there is no Medicaid rate for a particular service, IVRS follows the Medicare rate.
- f. Practitioners that are identified as allowable and licensed may be used until the individual has reached maximum improvement or other comparable services are identified. Maintenance of the condition or functioning is the responsibility of the job candidate. Progress is reviewed monthly and continuance is based on the goals established with the counselor prior to service delivery.
- g. IVRS may use and pay the cost of native healing practitioners who are recognized as such by an Indian tribe when services are being provided to a Native American with disabilities and when the native healing practitioner services are necessary to achieve the individual's vocational rehabilitation objective.
- h. During the job candidate's Comprehensive Annual Review (CAR), discussion should be held on any physical and mental restoration services that are needed. Additionally, discussion should occur on any such services that have previously occurred, to assure the job candidate is maintaining their disability and that the

IOWA VOCATIONAL REHABILITATION SERVICES

510 E. 12TH STREET

DES MOINES, IA 50319



IOWA VOCATIONAL REHABILITATION SERVICES

services provided are effective for the job candidate in meeting their disability-related needs.

- i. Medical consultation: Questions about a job candidate's medical condition or limitations should first be addressed to the examining/reporting physician. If that individual is not available, or if there are additional questions or concerns, the counselor may contact the Policy Resource Manager or QA Assistant Bureau Chief, who can arrange for a review by a DDS provider or a specialist in the community who can review and comment on the material.
- j. IVRS accepts no responsibility for outcomes, complications, or other extenuating circumstances resulting from goods and services provided under this policy. Purchasing services within this policy is approved in four month increments. If additional time is required, a conversation must occur with the Area Office Supervisor to identify the need. This conversation must be documented in the case notes prior to proceeding with the authorization. Period of performance and procurement requirements must be followed. This process does not apply to surgeries and hospitalizations. Refer to "k" below.
- k. Monetary support from IVRS for surgeries and hospitalizations may be considered under an exception to policy. IVRS commits only to providing financial support for job candidate medical procedures specified in the [Request for Exception to Policy for Surgical Procedures and Hospitalizations](#). IVRS accepts no responsibility for outcomes, complications, or other extenuating circumstances resulting from the medical procedure(s). Consideration for ongoing costs regarding surgical procedures and hospitalizations require an additional exception to policy.

3. EXCEPTIONS

- a. Authorizing above the established Medicaid or Medicare rate.
- b. Authorizing for any surgery or hospitalization. Staff must utilize the [Request for Exception to Policy for Surgical Procedures and Hospitalizations](#). All surgeries and hospitalizations must be approved by the Area Office Supervisor as well as the RSB

IOWA VOCATIONAL REHABILITATION SERVICES

510 E. 12TH STREET

DES MOINES, IA 50319

515-281-4211 / 515-281-7645 (FAX) / 1-800-532-1486 (VOICE/TTY)

PAGE | 4



IOWA VOCATIONAL REHABILITATION SERVICES

Bureau Chief. All surgeries or hospitalizations exceeding \$10,000 must be also approved by the IVRS Administrator.

4. APPLICABLE FORMS/DOCUMENTS

- a. [Comparable Services and Benefits Policy](#)
- b. [Financial Inventory \(R-406\)](#)
- c. [Individualized Plan for Employment Policy](#)
- d. [Procurement Policy](#)
- e. [Purchase Principles Policy](#)
- f. [Rehabilitation Technology Policy](#)
- g. [Request for Exception to Policy](#)
- h. [Request for Exception to Policy for Surgical Procedures and Hospitalizations](#)
- i. [Status 16-0 Internal Control](#)

5. TRAINING

- a. [Status 16: Physical and Mental Restoration Services Policy Training](#)

IOWA VOCATIONAL REHABILITATION SERVICES

510 E. 12TH STREET

DES MOINES, IA 50319

515-281-4211 /515-281-7645 (FAX)/ 1-800-532-1486 (VOICE/TTY)

PAGE | 5