



## PRCS Child Care Programs 2025-26 Injury Prevention Plan

1. All staff shall follow Virginia Department of Education, Office of Child Care Health and Safety Standards for Licensed Child Day Centers.
2. Each program shall establish safety rules that pertain to their program, layout, and special circumstances.
3. Each program shall establish a playground safety plan, posted in plain sight, that includes provisions for active supervision to include positioning of staff in strategic locations, scanning play activities and circulating among children. For programs that are located at a PRCS owned facility, this plan should include a method to maintain resilient surfacing.
4. Staff will review the CDC Preventing Abusive Head Trauma resource in Collaboration.

### Injury prevention reminders based on 2024-25 Accident/Incident reports

- Create Site Safety Rules with the children at the beginning of the program year and review them as needed.
- Remind children to be aware of their surroundings when engaged in active play.
- Remind children to keep their hands to themselves and use respectful language with other children and staff.
- Remind children that they must remain seated while consuming food or drink.

When there are trends in sustained injuries or areas that are no longer usable or deemed unsafe for children, additional procedures must be added in the space below. This plan shall be reviewed and updated annually.

Program \_\_\_\_\_ Date of review \_\_\_\_\_

Staff Name \_\_\_\_\_ Signature \_\_\_\_\_