

MESA POLICE Department Policy Manual	Individual First Aid Kit	DPM 2.5.7 Effective 03/27/2018 Revised 07/01/2024
Approved by: Chief of Police	Chapter: First Responder Incidents	Page: 1 of 2

1. PURPOSE

This policy provides Mesa Police Department (MPD) members with information on individual first aid kits (IFAKs) and guidelines for their use.

2. GENERAL

2.1 Authorized Members & Use

- A. Members authorized to carry and use an IFAK include sworn members, police officer recruits, and Holding Facility members who have completed required training.
- B. The IFAK's primary purpose is to give authorized members the ability to treat themselves, fellow officers, and/or citizens in a situation where a traumatic injury is sustained and medical personnel are not immediately available, or the scene is too dangerous for medical personnel to enter.
- C. The IFAKs are not intended for routine first aid or as a substitute for calling the Mesa Fire & Medical Department (MFMD).

2.2 Contents

- A. The current IFAK issued by the MPD includes:
 - 1. Abdominal pad.
 - 2. SWAT tourniquet.
 - 3. Pack of 2 HALO seals.
 - 4. Chitogauze dressing.
 - 5. Pair of latex free gloves.
- B. One of the following should also be issued separately in addition to the IFAK:
 - 1. CAT, SOF-T, or SAM XT tourniquet.

2.3 Storage & Accessibility

- A. The IFAK can be of significant value if it is deployed expeditiously when the need arises; therefore, every member with an IFAK is encouraged to have it readily accessible during their shift.
 - 1. The tourniquet should be carried when on duty on the duty belt, vest, or in a cargo pocket.
- B. Members will store and keep their IFAKs out of direct sunlight and extreme heat when not in use.

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2.4 IFAK Report

- A. If an IFAK is used, it shall be documented in a departmental report (GO) or supplement. Details should include the following:
 - 1. What type of medical treatment was provided and by whom.
 - 2. Name of the person receiving treatment and hospital they were transported to.
 - 3. Reason for the medical intervention (e.g., why medical personnel were not immediately available, severity of the injury, etc.).

2.5 Issue & Replacement

- A. IFAKs, IFAK replacement kits, individual IFAK components and additional tourniquets are available at Supply to authorized members.
 - 1. IFAKs will be replaced prior to their expiration date. It is the responsibility of the member to monitor the expiration date on their IFAK and request a replacement kit.
 - 2. Individual components within IFAKs may be replaced upon use.

2.6 Training [ALEAP 10.5D]

- A. Prior to being issued an IFAK, every member will receive training on the appropriate use of the kit.
 - 1. This training will include specific training on the use of the hemostatic agent and tourniquet included in the IFAK.
- B. IFAKs will be used in the manner prescribed in training.
- C. Trained members receive refresher training as determined by the Training Division.