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Alpha Index: WRAP Restraint Device

“Department Training Bulletins shall be used to advise members of current police techniques and procedures and shall constitute official policy.”

THE WRAP RESTRAINT DEVICE

I. Introduction

Manufactured by Safe Restraints, Inc., The WRAP is a temporary restraining device which immobilizes a subject's body and restricts the subject's ability to kick or do harm. The WRAP increases officers' safety and reduces the risk of liability due to injuries and in-custody deaths. The WRAP minimizes the time required to secure a subject safely and prepare the subject for transport.

Once a subject is properly restrained in The WRAP, he/she may be placed on his/her side or in a sitting position. These positions increase the oxygen recovery rate and reduce the incidence of respiratory fatigue sometimes caused by a subject being restrained in a prone position.

The application of the WRAP shall not be considered a use of force. If an injury occurs, requiring more than basic first-aid, a risk management investigation shall be initiated and a risk management memorandum shall be prepared in accordance with the provisions of DGO K-4.

II. Application

Ideally, four (4) officers and one (1) cover unit are used to apply The WRAP. Minimally, three (3) officers and one (1) cover unit are required to apply The WRAP. One officer is positioned near the subject's head, the second officer to the right of the subject's body, and the third officer near the subject's feet. Each officer has specific responsibilities:

- The officer positioned near the subject's head is responsible for controlling the head and applying pressure point control techniques if the subject is combative or resisting.
- The officer positioned to the right side of the subject's body is responsible for applying The WRAP.
- The officer positioned at the subject's feet is responsible for controlling the subject's legs and feet.
- The fourth officer, if available, is positioned to the left of the subject's body and assists in applying The WRAP.

Only officers who have been trained in its safe and proper application shall apply The WRAP.



The WRAP Restraint Device, Index Number III-B.8

To apply The Wrap, officers follow these steps:

1. Control the upper and lower body of the subject.



Figure 1

Position the subject prone and face down with hands cuffed behind the subject's back (Figure 1).

To reduce the risks associated with respiratory fatigue, minimize the time the subject is restrained face down.

2. Cross the subject's ankles.



Figure 2

Apply the ankle strap around the crossed ankles. (Make sure the black velcro is facing out.

The ankle strap should be applied. The strap's purpose is two-fold: it is the first step in leg control and, once The WRAP is applied, limits the subject's leg movement in The Wrap. The ankle strap incorporates a carry handle; try to position the handle upwards to aid in moving the subject.

3. Slide The Wrap under subject.



Figure 3

While maintaining control of the subject's upper and lower body, slide The Wrap under the subject's legs, placing the knees on the label, "KNEES HERE".



If possible, deploy The WRAP from the subject's right side, positioning the three bands for easy access to the officer on the right side of the subject's body.

Figure 4

4. Secure bands tightly.



While maintaining control of the subject, secure the bands tightly, starting with the center strap and then the band closest to the feet and moving up toward the subject's waist until all three bands are secure.

Figure 5

5. While maintaining control of the subject, place the harness on the subject's back.
6. Carabiner.



Attach the carabiner on the harness (located just below the word BACK) to the handcuffs and lock the carabiner.

Figure 6



The WRAP Restraint Device, Index Number III-B.8

7. Roll the subject over into an upright-seated position.
8. While maintaining control of the subject, place the harness over the subject's head, pull the straps under the arms and around the torso, secure the two locking buckles, and pull both straps snug.

Do not over-tighten. You can pull both straps snug with the subject on his or her side or in a seated position.



Figure 7

The release latches for the two locking buckles are enclosed in the buckles. Each lock is accessible through an eyelet $\frac{1}{4}$ in diameter. This mechanism prevents the subject from unlocking the harness. Officers release the locks by inserting a cuff key or narrow object such as a ball-point pen into the eyelet and pressing down against the latch.

9. Lock carabiner.

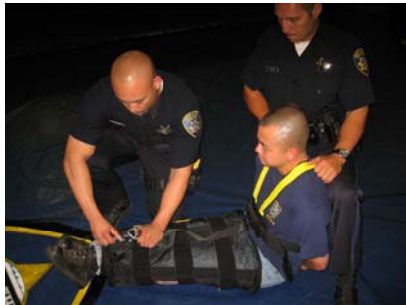


Figure 8

While maintaining control of the subject, attach the tether lead of the harness to the carabiner on the body of The WRAP located below the first band. Twist the lock until snug. The carabiner is now locked.

Note: When applied properly, the harness **will not** impact the subject's ability to breathe.

10. Ready for transport.



Figure 9

While maintaining control of the subject, pull the tether strap until the subject is held fully upright by the shoulder harness system. Do not over-tighten. The subject is now fully restrained in The Wrap and ready to be moved or transported.



III. TRANSPORTATION

Pre-Lift

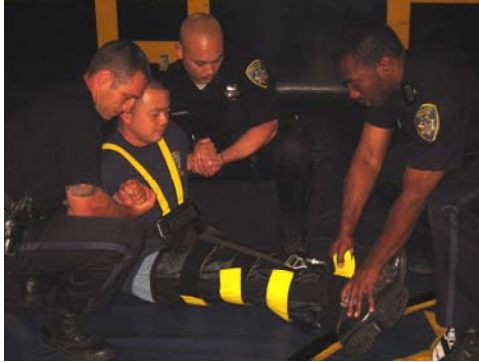


Figure 10

To move or transport the subject, two officers lift the subject under the arms. The third officer lifts the subject's legs using the handle on the ankle strap, or, if the handle is not in an upright position, the third officer carries the legs in a log-carry position.

Carry Position



Figure 11

Before vehicle transportation, re-check all belts to ensure that they are securely fastened. Use a seat belt to secure the subject, limit movement, and reduce the risk of injury.

If transport is by ambulance, a wrist-belt restraint system can be used in lieu of handcuffs attached to the carabineer.

IV. REMOVING THE WRAP

Basically reverse the application procedure. It may be necessary to ease the tension of the tether strap to disconnect from the carabineer on The Wrap. (The strap that connects the arness to the leg wrap.) This can be accomplished by leaning the subject forward and either loosen the tether's ring or simply disconnect the ring from the carabiner.

V. PRECAUTIONS

To prevent unnecessary injury, follow proper lifting techniques.

A fourth officer can assist in carrying the subject's legs if the subject is heavy or continuing to resist.

Security

Check the leg bands and shoulder harness frequently for proper tightness. Re-tighten or loosened as necessary until The WRAP is removed.



The WRAP is a temporary restraining device and **IS NOT ESCAPE PROOF**.

Safety

Never make the shoulder harness so tight it interferes with the subject's ability to breathe.

If the restrained subject complains of or show signs of breathing distress (shortness of breath, sudden calmness, a change in facial color, etc.) or cardiac failure due to excited delirium, provide medical attention immediately!



Figure 12

NEVER LEAVE THE SUBJECT UNATTENDED.

Place the subject in an upright sitting position or on his/her side as soon as possible to allow for respiratory recovery.

VI. CARE AND MAINTENANCE

Inspect The WRAP after each use for wear or damage. If any damage is discovered, notify Property and Evidence Unit personnel and turn The WRAP in for repair or replacement.

If cleaning is necessary, use a mild soapy solution or disinfectant approved for use on vinyl and nylon. Thoroughly rinse all disinfectant from the unit prior to drying. After cleaning The WRAP, allow it to thoroughly air dry before returning it to its carrying bag.

If blood is absorbed into any part of The WRAP, replace that part.

VII. STORAGE AND PREPARATION FOR RE-USE

Store The WRAP in a manner that prevents the velcro on the bands from becoming dirty or entangled.

Storing The WRAP properly allows it to be laid out and applied quickly without an officer's having to untangle the bands. Storing it properly minimizes the time a subject is restrained in a prone position.

To properly store The WRAP in the carrying bag, follow these steps:

1. Lay The WRAP on a flat surface with the leg band side up. Detach the shoulder harness and extend each leg band out flat.
2. Individually fold each leg band back onto itself so that the fold of the band protrudes an inch or two from the edge of The WRAP body.
3. Be sure the retaining "D" ring on the body of The WRAP and harness is open and ready for use.



4. Keeping the bands inside the body of The WRAP, roll The WRAP tightly toward the buckles and secure it with the ankle strap.
5. Place the WRAP in the carrying bag.
6. Fully extend the harness, buckles, and tether. Attach buckles to their counterparts, roll the harness up, and place it in the carrying bag compartment.

VIII. DOCUMENTATION

The details of any application of the WRAP shall be documented in the appropriate Offense or Supplemental Report or Application of Emergency Psychiatric Evaluation (form 5150)

Approved by Chief Tucker