

Appendix 8. Monitoring Tool – Pain Assessment and Documentation Tool (PADT)

A

PROGRESS NOTE
Pain Assessment and Documentation Tool (PADT™)

Patient Stamp Here

Patient Name: _____ Record #: _____

Assessment Date: _____

Current Analgesic Regimen

Drug name	Strength (eg, mg)	Frequency	Maximum Dose

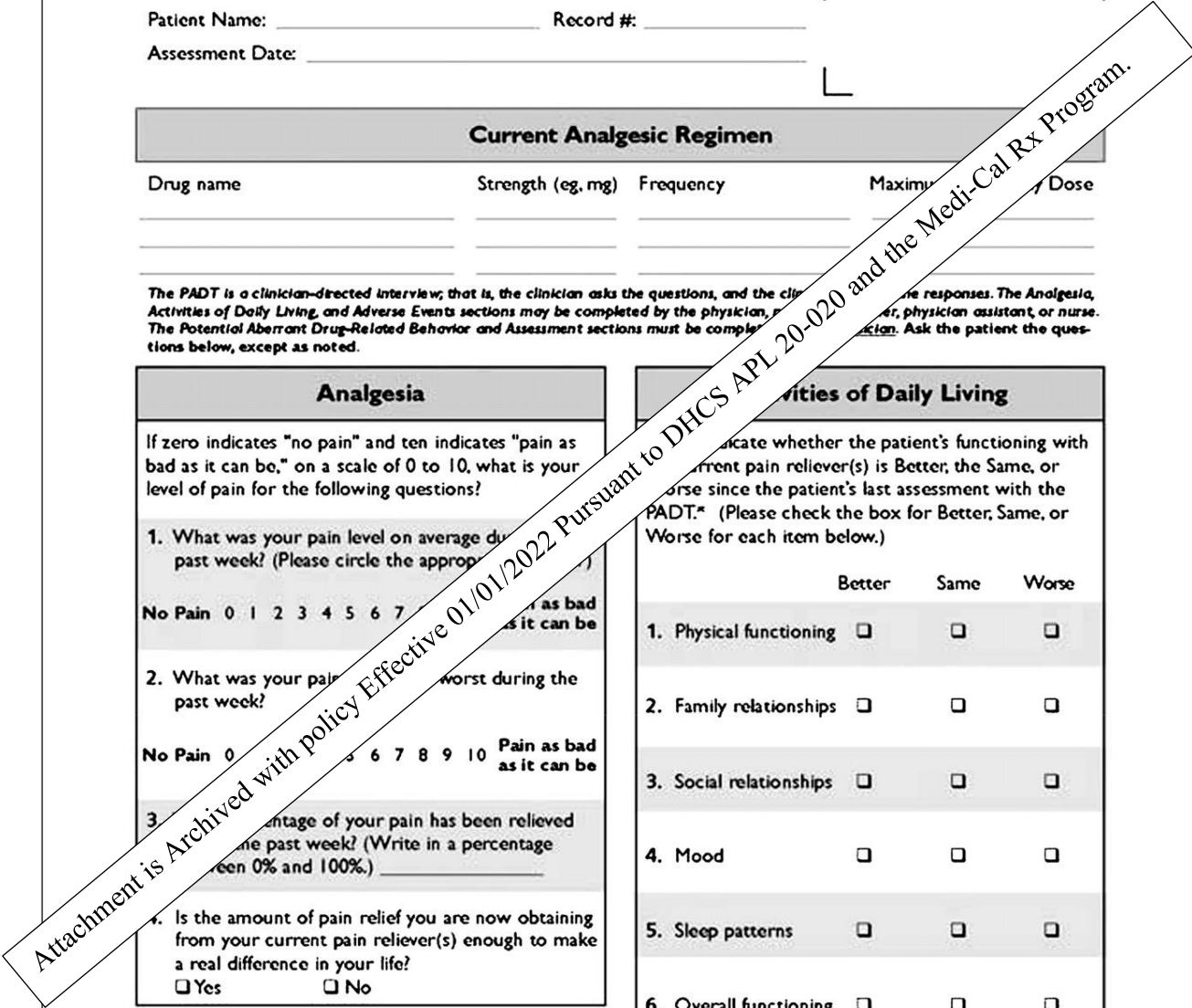
The PADT is a clinician-directed interview; that is, the clinician asks the questions, and the clinician records the responses. The Analgesia, Activities of Daily Living, and Adverse Events sections may be completed by the physician, physician assistant, or nurse. The Potential Aberrant Drug-Related Behavior and Assessment sections must be completed by the clinician. Ask the patient the questions below, except as noted.

Analgesia
<p>If zero indicates "no pain" and ten indicates "pain as bad as it can be," on a scale of 0 to 10, what is your level of pain for the following questions?</p> <p>1. What was your pain level on average during the past week? (Please circle the appropriate number.)</p> <p>No Pain 0 1 2 3 4 5 6 7 8 9 10 Pain as bad as it can be</p> <p>2. What was your pain level at its worst during the past week?</p> <p>No Pain 0 1 2 3 4 5 6 7 8 9 10 Pain as bad as it can be</p> <p>3. What percentage of your pain has been relieved during the past week? (Write in a percentage between 0% and 100%.) _____</p> <p>4. Is the amount of pain relief you are now obtaining from your current pain reliever(s) enough to make a real difference in your life?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>5. Query to clinician: Is the patient's pain relief clinically significant?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unsure</p>

Activities of Daily Living																												
<p>Indicate whether the patient's functioning with current pain reliever(s) is Better, the Same, or Worse since the patient's last assessment with the PADT.* (Please check the box for Better, Same, or Worse for each item below.)</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 10%; text-align: center;">Better</th> <th style="width: 10%; text-align: center;">Same</th> <th style="width: 10%; text-align: center;">Worse</th> </tr> </thead> <tbody> <tr> <td>1. Physical functioning</td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>2. Family relationships</td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>3. Social relationships</td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>4. Mood</td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>5. Sleep patterns</td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>6. Overall functioning</td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </tbody> </table> <p>* If the patient is receiving his or her first PADT assessment, the clinician should compare the patient's functional status with other reports from the last office visit.</p>		Better	Same	Worse	1. Physical functioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Family relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Social relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4. Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5. Sleep patterns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6. Overall functioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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B

PROGRESS NOTE Pain Assessment and Documentation Tool (PADT™)

Adverse Events

1. Is patient experiencing any side effects from current pain reliever(s)? Yes No

Ask patient about potential side effects:

	None	Mild	Moderate	Severe
a. Nausea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Itching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Mental cloudiness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Sweating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Drowsiness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. Patient's overall severity of side effects?
 None Mild Moderate Severe

Potential Aberrant Drug-Related Behavior
 This section must be completed by the physician.

Please check any of the following items that you observe during your interactions with the patient. Please note that some of these are directly observable (e.g., patient appears intoxicated), while others may require active listening and/or probing. Use the "Assessment" section below to note additional details.

- Purposeful over-sedation
- Negative mood change
- Appears intoxicated
- Increasingly uncooperative/impaired
- Involvement in another accident
- Requests for early renewals
- Requests for prescriptions without authorization
- Possession of or stolen prescriptions
- Attempts to obtain prescriptions from other sources
- Changes route of administration
- Uses pain medication in response to situational stressor
- Insists on certain medications by name
- Contact with street drug culture
- Abusing alcohol or illicit drugs
- Hoarding (ie, stockpiling) of medication
- Arrested by police
- Victim of abuse

Other: _____

Assessment (This section must be completed by the physician.)

Is your clinical impression that this patient is benefiting (eg, benefits, outweigh side effects) from opioid therapy?
 Yes No Unsure

Specific Analgesic Plan:

- Continue present regimen
- Adjust dose of present analgesic
- Switch analgesics
- Add/Adjust concomitant therapy
- Discontinue/taper off opioid therapy

Comments: _____

Date: _____ Physician's signature: _____



Attachment is Archived with policy Effective 01/01/2022 Pursuant to DHCS APL 20-020 and the Medi-Cal Rx Program.