# Partnership HealthPlan of California

***Pulmonary Rehabilitation Questionnaire***

Patient's Name: _____ Date: _____

M ☐ or F ☐ Weight: _____ Height: _____ Age: _____ DOB: _____

## ***Pulmonary Function Testing (PFT) results must be submitted with TAR***

**Note:** *Members with special considerations for pulmonary rehabilitation (patients eligible for **lung transplant** or those with **Post-COVID-19 sequelae**) are not required to submit PFT results (4.a. – c. below) but must otherwise complete and submit this form with the TAR.*

**MEMBER'S DIAGNOSIS: _____**

**Member must meet ALL of the following criteria:**

| | YES | NO |
|---|---|---|
| 1. Reduction in exercise tolerance that restricts the ability to perform activities of daily living | ☐ | ☐ |
| 2. Symptoms that persist despite appropriate medical management | ☐ | ☐ |
| 3. No longer smoking or vaping any products (including marijuana) or at least actively quitting by evidence of use of a cessation protocol | ☐ | ☐ |
| 4. Have at least moderate functional pulmonary disability, with appropriate medical management, as demonstrated by one of the following: | | |
| a. Obstructive disorders: Pulmonary function tests showing FEV1/FVC less than 70% | ☐ | ☐ |
| b. Restrictive/fibrotic disorders FEV1, FVC, TLC, or DLCO less than 60% of predicted | ☐ | ☐ |
| c. Either: A maximal pulmonary exercise stress test under optimal bronchodilatory treatment, as indicated, that demonstrates limitation to exercise with a maximal oxygen uptake (VO2max) equal to or less than 20ml/kg/min, or about 5 metabolic equivalents (METS) | ☐ | ☐ |
| 9. The member is physically able, motivated and willing to participate and is a candidate for self-care post-program. | ☐ | ☐ |
| 10. The member does not have any concomitant medical conditions that would otherwise imminently contribute to deterioration of pulmonary status or undermine the expected benefits of the program (e.g. symptomatic coronary artery disease, CHF, recent (6 months) myocardial infarction, dysrhythmia, active joint disease, claudication, malignancy). | ☐ | ☐ |
| 11. Member has had no pulmonary exacerbation within the past four weeks. | ☐ | ☐ |