



Individualized Care Plan

Date: _____

Patient Information		
First Name:	Last Name:	DOB:
Sex:	Pronouns:	Primary Language:
Address Information		
Street:		
City:	State:	Zipcode: County:
Mailing Address Same as Home Address:		____ Yes ____ No
Street:		PO Box:
City:	State:	Zipcode: County:
Contact Information		
Email:		
Phone #:		
Phone #:		
Other Contacts		
Family/Caregiver	Name:	May we contact if needed?
Email:		Phone #:
Community Team	Name:	May we contact if needed?
Email:		Phone #:
Program Representative	Name:	May we contact if needed?
Email:		Phone #:
Insurance Information		
Medi-Cal ID:		
Primary Insurance	Plan:	Group #:
Policy #:		Member ID:
Secondary Insurance	Plan:	Group #:
Policy #:		Member ID:
Acuity		Self-Management Assessment
____ High Risk ____ Low Risk ____ No Risk		____ Poor ____ Moderate ____ Good
Social Determinants of Health		
If current member has any changes to SDOHs, check the box and fill out only the changes: <input type="checkbox"/>		
Education:		Employment Status:
Income Status:		Food Security:
Housing Stability:		Transportation:
Support Networks:		

ECM Criteria (Select all that apply)

Populations of Focus		<i>For current member, if no longer meets criteria, fill applicable criteria</i>	<i>If current member and new criteria identified, fill applicable criteria</i>	<i>If new member, fill applicable criteria</i>
Adult	<i>Unhoused</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Individuals At Risk for Avoidable Hospital or ED Utilization</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>At Risk of Institutionalization & Eligible for LTC Services</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Nursing Home Transition to the Community</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Serious Mental Health/Substance Use Disorder</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Pregnant and Postpartum at Risk for Adverse Perinatal Outcomes</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Transitioning from Incarceration w/ Complex Health Needs to Community</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Child	<i>Unhoused</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Individuals At Risk for Avoidable Hospital or ED Utilization</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Serious Mental Health/Substance Use Disorder</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Pregnant and Postpartum at Risk for Adverse Perinatal Outcomes</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Birth Equity</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Transitioning from Incarceration</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Complex Medical / Behavioral / Development Needs</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Involved in Child Welfare</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<i>Enrolled in California Children's Services (CCS) or Whole Child Model (WCM) w/ Additional Needs Beyond CCS Condition</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Physical Health			
Active Medical Problems (chronic conditions, fall risk, speech, etc.)		Past Medical History	
Not Req'd. for members less than 18		Members with diabetes or who are on antipsychotic medication	
Blood Pressure:	Date:	A1C Levels:	Date: _____ A1C%
	____ Systolic / ____ Diastolic		
Dental/Oral Health			
Active Dental Problems/Concerns			
Dental Provider's Name:		Last Visit Date:	
Dental's Office:		Next Visit Date:	
Mental Health History			
		If PHQ-2 Score is normal, do not proceed to PHQ-9 Test. If PHQ-2 Score is not normal proceed to PHQ-9 Test	
		Date:	
		PHQ-2 Score	PHQ-9 Score
If prescribed Antidepressants or Psychotherapy, please provide more information below (E.g.: adherence to medication regimen; improvements in mental health after therapy)			
Substance Use Disorder Screening			
Alcohol Use		Drug Use	
Frequency:		Frequency: Drug Type	
AUDIT-C Score		DAST-10 Score	
If other information requires further disclosure, please provide below:			

Hospitalizations			
Admissions in the last 6 mos:		Emergency Dept. visits in the last 6 mos:	
Durable Medical Equipment			
___ Hospital Bed	___ Oxygen	Other	
___ Wheelchair	___ Walker		
Physician Visits			
Primary Care Physician visits in the last 6 mos:		Last Visit Date:	
Physician's Name:		Physician's Office:	
Specialist visits in the last 6 mos:		Last Visit Date:	
Specialist's Name:		Specialist's Office:	
Medication List		Indication	
Allergies			
Long-Term Support Services			
Community Based Adult Services (CBAS)	Service Name		
Multi-purpose Senior Services Program (MSSP)	Service Name		
Home Health Agency	Service Name		
Palliative Care	Service Name		
Hospice Care	Service Name		
In-Home Support Services (IHSS)	Hours/month		
Advanced Care Planning			
Surrogate Decision Maker	___ Has One	___ Needs One	___ Does Not Want One
Living Will	___ Has One	___ Needs One	___ Does Not Want One
Advance Directive	___ Has One	___ Needs One	___ Does Not Want One
POLST	___ Has One	___ Needs One	___ Does Not Want One
Power of Attorney	___ Has One	___ Needs One	___ Does Not Want One
Code Status	___ DNR	___ Full Code	___ Limited Interventions

Goals

Goal:	
Intervention:	
Barriers:	
Outcome:	___ Goal Met ___ Goal Not Met ___ Goal Partially Met
Goal:	
Intervention:	
Barriers:	
Outcome:	___ Goal Met ___ Goal Not Met ___ Goal Partially Met
Goal:	
Intervention:	
Barriers:	
Outcome:	___ Goal Met ___ Goal Not Met ___ Goal Partially Met
Goal:	
Intervention:	
Barriers:	
Outcome:	___ Goal Met ___ Goal Not Met ___ Goal Partially Met

Referrals Needed

ECM Staff Member Name:

Date

ECM Staff Member Signature:

Date