

15,000+ FREE Workout Videos

Anytime. Anywhere.



Fitness on Demand:

Work out anytime, anywhere with **15,000+ on-demand workout videos** available at no cost before you enroll!

Choose From:

Cardio, Strength, Dance, Yoga, Pilates, Cycling, and more from leading fitness instructors.

Ready to Level Up Your Fitness Routine?

Enroll in the full **Active&Fit Direct™** program for just **\$28/mo.*** to:

- Work out at your **favorite gym**
- Access **1:1 well-being coaching**
- **Enroll your spouse** in their own membership** All with **no long-term contracts or annual fees.**

Create Your Account:



*Plus an enrollment fee and applicable taxes. Costs for premium exercise studios exceed \$28/mo. plus enrollment fees and taxes. Fees vary based on premium fitness studios selected. On-demand workout videos are available at no cost upon registration in the Active&Fit Direct program and do not require purchase of membership.

**Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees will vary based on fitness center selection.

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