



SMFR Explorers



Why become an Explorer?

- Exposure to the fire service and SMFR
- Leadership experience
- Advanced life skills
- Character and professional development
- Improve physical fitness
- Build comradery

Career Opportunities

- Explorers are exposed to various aspects of the fire service
 - Professional development
 - Training & testing practice
 - Hands on experience using fire service tools
 - Exposure to life at the firehouse
 - Training with emergency response procedures
 - Access to mentors

Leadership Experience

- Team building
- Mentorships
- Teaching within the program
- Volunteer opportunities



Life Skills



- Physical and mental toughness
- Public speaking
- Build resiliency
- Healthy competition
- How to fail forward
- Success as a team

Explorer Requirements

- 16 to 21 years of age
- Must reside in Denver Metro area
- Pass background check and maintain a clean record
- Maintain SMFR grooming standards
- Must attend 75% of all Explorer trainings, and must make up missed trainings

Training Schedule*

- 1st and 3rd Wednesday of each month
 - 6:00 – 9:00 pm
 - Training centers and various firehouses
 - Classroom and hands-on training
- 1 Saturday each month
 - 9:00 am – 1:00 pm
 - Varies depending on shift trainings
 - Joint Service Facility (JSF) Training Center
 - Troy Jackson (TJTC) Training Center

Safety

- Every training is administered by at least 1 SMFR firefighter
- Many trainings utilize several firefighters to oversee safety
- Personal Protective Equipment will be issued to each member
- While we take every possible precaution with trainings, this is a dangerous profession

Uniforms and Equipment



- Explorer Uniform
- PT Uniform
- Bunker Gear

- SMFR provides SCBAs, training grounds, engines, trucks, and all other training materials.

Community Events

Explorers are asked to help with a variety of events/organizations

- ❑ South Metro Safety Foundation
- ❑ Community Risk Reduction Specialists
- ❑ Colorado Fallen Firefighter Memorial
- ❑ SMFR training
- ❑ SMFR line events
- ❑ Military drills



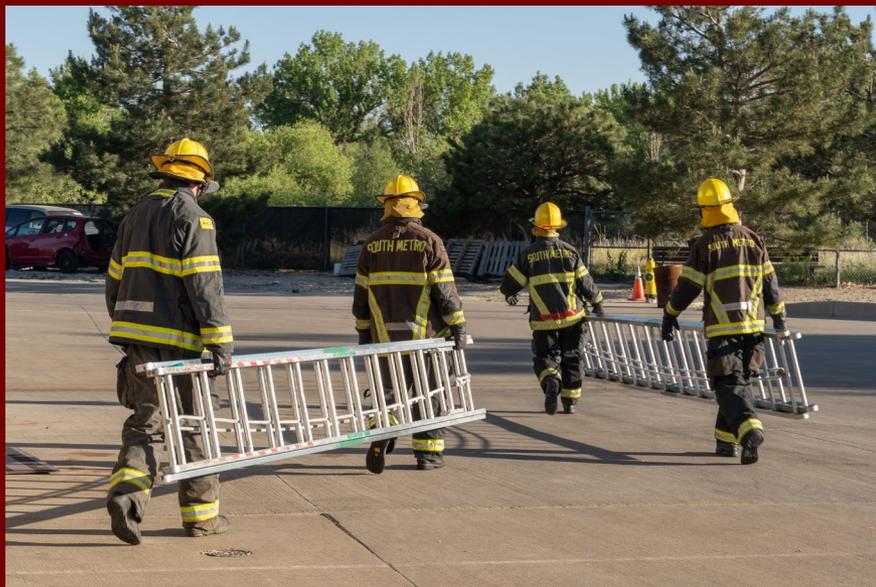
Public Education



Training Division Assistance



Trainings



Physical Fitness

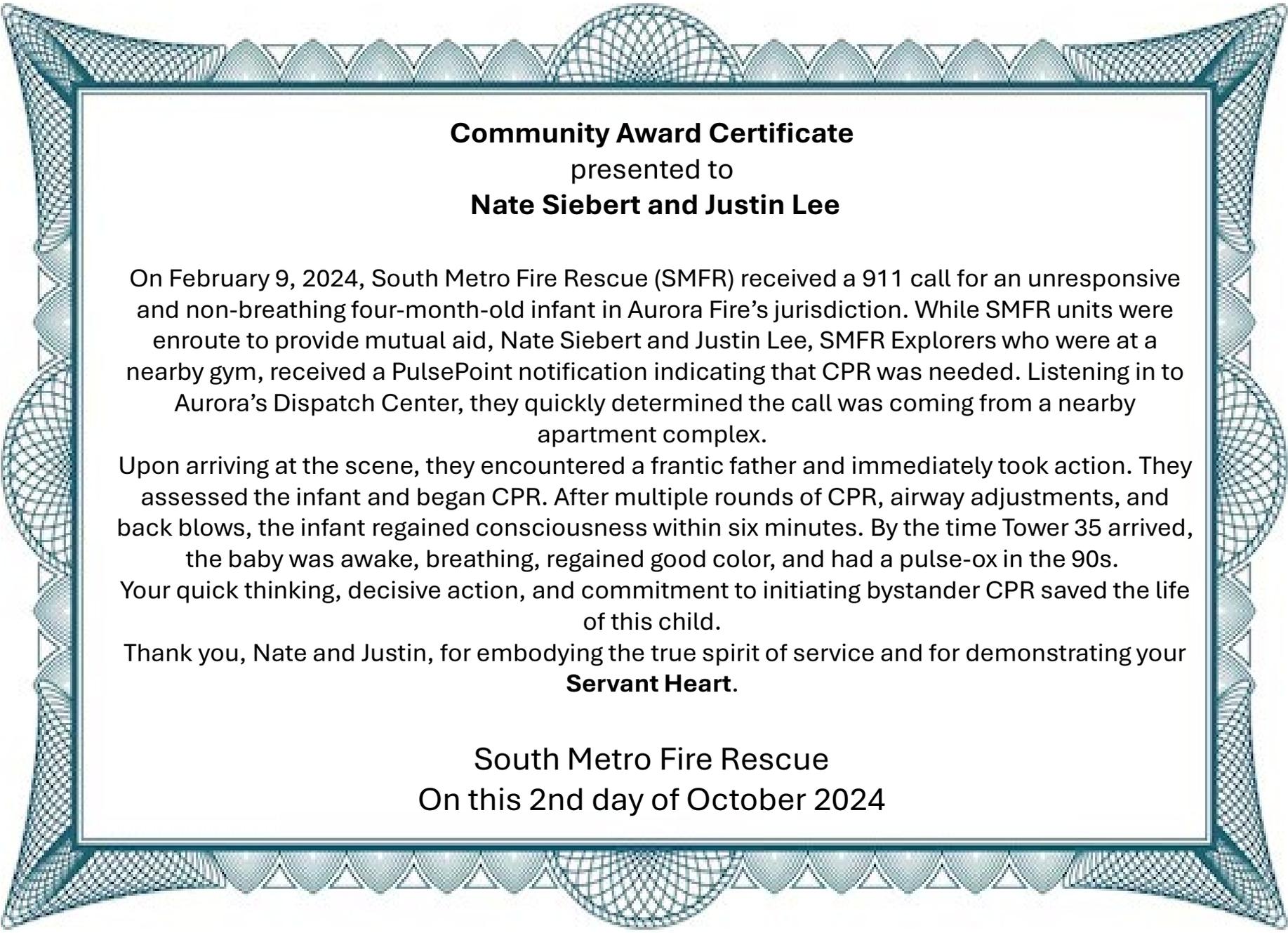


Comradery



Ride Alongs

- After completing skill competency tests, Explorers can do ride alongs with line crews
 - Must complete all required trainings
 - Must pass written and practical skills tests
 - Must be an Explorer for a minimum of 6 months



Community Award Certificate

presented to

Nate Siebert and Justin Lee

On February 9, 2024, South Metro Fire Rescue (SMFR) received a 911 call for an unresponsive and non-breathing four-month-old infant in Aurora Fire's jurisdiction. While SMFR units were enroute to provide mutual aid, Nate Siebert and Justin Lee, SMFR Explorers who were at a nearby gym, received a PulsePoint notification indicating that CPR was needed. Listening in to Aurora's Dispatch Center, they quickly determined the call was coming from a nearby apartment complex.

Upon arriving at the scene, they encountered a frantic father and immediately took action. They assessed the infant and began CPR. After multiple rounds of CPR, airway adjustments, and back blows, the infant regained consciousness within six minutes. By the time Tower 35 arrived, the baby was awake, breathing, regained good color, and had a pulse-ox in the 90s. Your quick thinking, decisive action, and commitment to initiating bystander CPR saved the life of this child.

Thank you, Nate and Justin, for embodying the true spirit of service and for demonstrating your **Servant Heart**.

South Metro Fire Rescue
On this 2nd day of October 2024