

Department of Children's Services
INSTRUCTIONS FOR USE OF FORM
CS-1133
Appointment of Health Care Agent

1. Federal Child Welfare law requires that DCS discuss appointing a health care proxy or agent with each youth as part of planning their transition to adulthood.
2. Executing this form is voluntary. However, DCS staff should explain to the youth the importance of designating someone to make health care decisions for the young adult in the event they are unable to make decisions for themselves. Examples of this might be if the young adult becomes sick or injured and is unable to communicate with a doctor or other health care professional, or is too sick to understand what a doctor is recommending.
3. The person(s) designated should be someone the youth trusts and has a good relationship with, but does not have to be a family member. The youth and FSW should discuss with the person to make sure they are willing to do this for the youth.
4. If the youth chooses to designate someone, this form should be executed only after the youth is eighteen (18) or older; i.e. once they are a legal adult.
5. The form must be EITHER witnessed by two persons, OR notarized, but not both.
6. The original is given to the young adult, with copies given to all his or her health care providers. If the young adult is receiving placement through ECF CHOICES or supported housing through adult mental health services, a copy of the executed form should be given to the residential provider. A copy should also be scanned and uploaded into TFACTS with a case recording entry about the execution of the form.