



Tennessee Department of Children's Services

Behavior Management Screening and Crisis Plan

DCS promotes positive behavior to prevent the need for restrictive behavior management interventions (i.e. restraints such as handcuffs and/or shackles on the feet).

Youth's Name: _____ DOB: _____ Custody Date: _____

Parent/Legal Custodian: _____

Youth Input - Ask youth these questions during intake.

What makes you feel safe?

What types of things anger or frustrate you?

When you get upset how do you calm down?

Is there anything we should or should not do to help you calm down if you get upset?

Based on your past experiences are there situations/things that we should know about that may trigger bad memories or your past trauma that may cause you to act out?

This section should be completed for all Juvenile Justice youth and any Dependent/ Neglected youth who have identified behaviors which may lead to a potential restraint.

Is there anything we can do to help you calm down if you are triggered so we do not have to use handcuffs or shackles?

Have you ever been placed in handcuffs or shackles? If so, did you have any negative effects?

Parent/Caretaker Input – Ask parent/caretaker these questions during intake.

In the past what types of discipline methods have worked when your child is not following your rules?

What makes your child feel emotionally and physically safe?

Are there specific actions/things that may trigger his/her negative behavior?

Are there specific actions/ things that you have used to successfully calm your child down when upset?

Has your child ever been placed in handcuffs or shackles or restrained in any way? If so, were there any negative side effects?

Crisis Plan

The purpose of this plan is to develop strength based strategies to de-escalate the child/youth's behavior if he/she becomes upset. It is developed upon entry to custody with the youth and parent/legal custodian and reviewed in the initial and subsequent CFTMs for youth who exhibit ongoing behavior escalation. The plan will be modified as necessary.

1. Summarize triggers or actions that result in negative behavior.

2. List strategies or activities DCS and youth can use to try to help you calm down.

Name(s) of support persons that can help you calm down?

Name: _____ Relation to Youth: _____

Contact Information: _____

Name: _____ Relation to Youth: _____

Contact Information: _____

Name: _____ Relation to Youth: _____

Contact Information: _____

☐ Youth agrees to tell staff when they start feeling anger so other strategies may be used to prevent the use of handcuffs or shackles.

Youth's Signature

Date

Parent/Caretaker Signature

Date

Intake or DCS Staff Signature

Date