# Tennessee Department of Children's Services

## 16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS

**The following description of foster parent categories will be used to determine minimum training requirements for each foster parent.**

| Non-Therapeutic Foster Parents (DCS Parents) | Therapeutic Foster Parents |
|---|---|
| **8 Hours Annually** | **14 Hours Annually** |

**Required Courses**

**Some courses are required of all foster parents, while others are required only of foster parents meeting certain placement requirements.**

| Required Courses | Number of Hours | Frequency |
|---|---|---|
| Creating Normalcy through Prudent Parenting | 3 Hours | First Year |
| Preventing Suicide among Foster Care Youth (Jason Foundation) All existing parents are required to complete this requirement September 30, 2024. | 3 Hours | First Year |
| Trafficking Course | 2 Hours | First Year |
| Trauma Course -See Approved Trauma/Therapeutic Page for more information. | Varies | Annually |
| CPR/First Aid | 6 Hours Minimum | Every other year |
| Medical Resources and Information Refresher | 2.5 Hours | Every other year |

**Required Specialty Courses**

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| Required Specialty Courses | Placement Type | Time Frame Requirements | Number of Hours | Frequency |
|---|---|---|---|---|
| Adoption and Guardianship Preparation | Adoption | Required for DCS only parents who meet the pre-requisites outlined in Policy 16.9 | 8 Hours | One time |
| Autism, Sensory, and IDD Courses | Youth on the autism spectrum or who have an intellectual developmental disability | Within 90 days of Placement | Varies | One time |
| Fostering Pregnant and Parenting Youth | Pregnant or Parenting Youth | Within 30 days of Placement | 1 Hour | One time |
| Parenting the Justice Involved Youth AND Trauma Informed Parenting Strategies | Youth Adjudicated Delinquent | Prior to Placement<br>Within 90 days of Placement | 3 Hours<br>6 Hours | One time |
| Caring for Children with Special Healthcare Needs or an approved curriculum | Foster parents who foster youth with special health care needs | Prior to placement | 2 Hours | One time |
| Working with Children Who Have Diabetes | Diabetic Children/Youth | Within 24 hours of Placement | 2 Hours | One time |

### Approved Trauma/Therapeutic Courses

**All foster parents are required to complete one course from this list annually to meet the Trauma requirement.**

**All therapeutic foster homes are required to receive an additional 6 hours of trauma/therapeutic training annually for a total of 14 hours. Agencies can submit curriculum not included below to the DCS Office of Training and Professional Development for review and approval.**

| Course Title | Number of Hours |
|---|---|
| Adoption and Guardianship Preparation | 8 Hours |

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|---|---|
| Approved Conference, Community, or Provider Workshops | Varies |
| Approved DIDDs Courses | Varies |
| Approved Sensory Courses | Varies |
| ARC Reflections: Trauma Training for Foster Parents and Caregivers | 18 Hours |
| Autism Related Courses | Varies |
| Building Strong Brains | Varies |
| Caring for Children Who Have Experienced Trauma (RPC) | 16 Hours Maximum |
| Caring for the Child with Sexual Trauma | 3 Hours |
| CORE Teen | Varies |
| CORE Teen Right Time Videos | 1 Hour |
| Creating Loving Attachments with PACE | Varies |
| De-Escalation Techniques | Varies |
| Empowered to Connect: Trust-Based Relational Intervention | Varies |
| Infant Mental Health | 1.5 Hours |
| Loving and Letting Go | 3 Hours |
| NAMI Basics | 15 Hours |
| NTI for CASE | 20 Hours |
| Positive Parenting | 3 Hours |
| Preventing Suicide among Foster Care Youth (Jason Foundation) | 3 Hours |
| Therapeutic Behavior Management | 8 Hours |
| TN KEY Module 2: Impact of Trauma Refresher | 3 Hours |
| Together Facing the Challenge | 17.5 Hours |
| Trauma Informed Behavior Management | 3 Hours |
| Trauma Informed Parenting Strategies (TIPS) | 6 Hours |
| Trauma Systems Therapy for Foster Care (Annie E. Casey Foundation) | 12 Hours |
| Trust-Based Relational Intervention (TBRI) | Varies |
| Youth Mental Health First Aid | Varies |

**Additional Approved Therapeutic Courses**

| **Therapeutic Course Title** | **Number of Hours** |
|---|---|

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|---|---|
| People Places- Parent Skills | 24 Hours |
| Safe Kids Training -Armatus | 4 Hours |
| Therapeutic In-Home Coaching Models (Model Requires Review and Approval) | Maximum 14 Hours |

**Additional Approved Training Options**

| **Type of Training** | **Number of Hours** |
|---|---|
| Podcasts<br>https://www.tn.gov/dcs/program-areas/training/cw-resources/dcstalks.html | Hours Varies |
| Books<br>https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/media.html | 2 Hours Maximum |
| Movies<br>https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/media.html | 1 Hour Maximum |
| Foster Parent Conferences (DCS and/or Agency Sponsored) | Varies |
| Foster Parent Support Program | Varies |
| Mentorship Program or Mentoring Foster Parents | Varies |
| Approved Elective and Community Provider Training | Varies |
| Local Foster Parent Association Trainings | Varies |
| Computer-based trainings and live webinars | Hours Varies |

**External training for credit requires approval from the DCS Office of Training and Professional Development prior to parents attending courses.**

**Parents must complete form *CS-1000* to receive credit.**