Tennessee Department of Children's Services

16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS

The following description of foster parent categories will be used to determine minimum training requirements for each foster parent.

Non-Therapeutic Foster Parents (DCS Parents)	Therapeutic Foster Parents
8 Hours Annually	**14 Hours Annually**

Required Courses

Some courses are required of all foster parents, while others are required only of foster parents meeting certain placement requirements.

Required Courses	Number of Hours	Frequency
Creating Normalcy through Prudent Parenting	3 Hours	First Year
Preventing Suicide among Foster Care Youth (Jason Foundation) All existing parents are required to complete this requirement September 30, 2024.	3 Hours	First Year
Trafficking Course	2 Hours	First Year
Trauma Course -See Approved Trauma/Therapeutic Page for more information.	Varies	Annually
CPR/First Aid	6 Hours Minimum	Every other year
Medical Resources and Information Refresher	2.5 Hours	Every other year

Required Specialty Courses

Tennessee Department of Children's Services

16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS

Required Specialty Courses	Placement Type	Time Frame Requirements	Number of Hours	Frequency
Adoption and Guardianship Preparation	Adoption	Required for DCS only parents who meet the pre-requisites outlined in Policy 16.9	8 Hours	One time
Autism, Sensory, and IDD Courses	Youth on the autism spectrum or who have an intellectual developmental disability	Within 90 days of Placement	Varies	One time
Fostering Pregnant and Parenting Youth	Pregnant or Parenting Youth	Within 30 days of Placement	1 Hour	One time
Parenting the Justice Involved Youth AND Trauma Informed Parenting Strategies	Youth Adjudicated Delinquent	Prior to Placement Within 90 days of Placement	3 Hours 6 Hours	One time
Caring for Children with Special Healthcare Needs or an approved curriculum	Foster parents who foster youth with special health care needs	Prior to placement	2 Hours	One time
Working with Children Who Have Diabetes	Diabetic Children/Youth	Within 24 hours of Placement	2 Hours	One time

Approved Trauma/Therapeutic Courses

All foster parents are required to complete one course from this list annually to meet the Trauma requirement.

All therapeutic foster homes are required to receive an additional 6 hours of trauma/therapeutic training annually for a total of 14 hours. Agencies can submit curriculum not included below to the DCS Office of Training and Professional Development for review and approval.

Course Title	Number of Hours
Adoption and Guardianship Preparation	8 Hours

Tennessee Department of Children's Services

16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS

Approved Conference, Community, or Provider Workshops	Varies
Approved DIDDs Courses	Varies
Approved Sensory Courses	Varies
ARC Reflections: Trauma Training for Foster Parents and Caregivers	18 Hours
Autism Related Courses	Varies
Building Strong Brains	Varies
Caring for Children Who Have Experienced Trauma (RPC)	16 Hours Maximum
Caring for the Child with Sexual Trauma	3 Hours
CORE Teen	Varies
CORE Teen Right Time Videos	1 Hour
Creating Loving Attachments with PACE	Varies
De-Escalation Techniques	Varies
Empowered to Connect: Trust-Based Relational Intervention	Varies
Infant Mental Health	1.5 Hours
Loving and Letting Go	3 Hours
NAMI Basics	15 Hours
NTI for CASE	20 Hours
Positive Parenting	3 Hours
Preventing Suicide among Foster Care Youth (Jason Foundation)	3 Hours
Therapeutic Behavior Management	8 Hours
TN KEY Module 2: Impact of Trauma Refresher	3 Hours
Together Facing the Challenge	17.5 Hours
Trauma Informed Behavior Management	3 Hours
Trauma Informed Parenting Strategies (TIPS)	6 Hours
Trauma Systems Therapy for Foster Care (Annie E. Casey Foundation)	12 Hours
Trust-Based Relational Intervention (TBRI)	Varies
Youth Mental Health First Aid	Varies

Additional Approved Therapeutic Courses

Therapeutic Course Title	**Number of Hours**

Tennessee Department of Children's Services

16.9 ATTACHMENT: REQUIRED TRAINING CHART FOR FOSTER PARENTS

People Places- Parent Skills	24 Hours
Safe Kids Training -Armatus	4 Hours
Therapeutic In-Home Coaching Models (Model Requires Review and Approval)	Maximum 14 Hours

Additional Approved Training Options

Type of Training	**Number of Hours**
Podcasts https://www.tn.gov/dcs/program-areas/training/cw-resources/dcstalks.html	Hours Varies
Books https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/media.html	2 Hours Maximum
Movies https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/media.html	1 Hour Maximum
Foster Parent Conferences (DCS and/or Agency Sponsored)	Varies
Foster Parent Support Program	Varies
Mentorship Program or Mentoring Foster Parents	Varies
Approved Elective and Community Provider Training	Varies
Local Foster Parent Association Trainings	Varies
Computer-based trainings and live webinars	Hours Varies

External training for credit requires approval from the DCS Office of Training and Professional Development prior to parents attending courses.

Parents must complete form *CS-1000* to receive credit.