

Statewide and Regional Resources for Diabetic Youth

<u>EASTERN TN</u>	<u>MIDDLE TN</u>	<u>WESTERN TN</u>
<p><u>East TN Children's Hospital (ETCH)</u> Pediatric Endocrinology 2100 Clinch Avenue # 140 Knoxville, TN 37916 United States Phone: (865) 971-7400 Fax: (865) 541-8611 Office Hours: 8am-4:30pm (M-F), closed all major holidays https://www.etch.com/medical-services/endocrinology-diabetes/ <u>ETCH Social Worker for endocrinology:</u> PJ Alexander 865-541-8305 <u>ETCH nurse educators for diabetes:</u> Allison Cate and Kathy VanOstran 865-541-8761</p> <p>*ETCH has an app: East TN Kids and the online site is https://www.etch.com/</p>	<p><u>Monroe Carell Jr. Children's Hospital at Vanderbilt</u> Children's Diabetes Program (615) 322-7842 https://www.childrenshospitalvanderbilt.org/program/pediatric-diabetes</p> <p><u>Family Resource Center</u> The Junior League Family Resource Center at the Monroe Carell Jr. Children's Hospital at Vanderbilt offers a wide variety of books, videos and more to help you understand and manage diabetes. https://www.childrenshospitalvanderbilt.org/information/family-resource-center</p> <p><u>Diabetes camps</u> Monroe Carell Jr. Children's Hospital at Vanderbilt recommends the following camps for children with diabetes:</p> <p><u>Camp Sugar Falls</u> Camp Sugar Falls is a day-camp experience for children ages 6-12 who have been diagnosed with type-1 or type-2 diabetes. Camp Sugar Falls takes place at the YMCA's Camp Widjiwagan in Antioch, Tennessee. http://www.diabetes.org/in-my-community/diabetes-camp/camps/sugar-falls.html</p> <p><u>Tennessee Camp For Diabetic Children</u> TCDC is located on Lake Chickamauga in Soddy, Tennessee, just north of Chattanooga. The camp is committed to teaching children with diabetes how to live a normal and active lifestyle. http://tncdc.org/</p>	<p><u>Le Bonheur</u> Le Bonheur Endocrinology Clinic To schedule an appointment, call 901-287-7337 (toll-free: 1-866-870-5570) Nakicia Smith, LMSW 901-287-6829 Madison Greer, Diabetic Educator, 901-287-6817 Sherry Ivy, Work: 901-287-6846, Cell: 662-404-4829 Email: sherry.ivy@lebonheur.org https://www.lebonheur.org/services/endocrinology</p>

OTHER/NATIONAL RESOURCES

<p><u>International Diabetes Federation</u> Website: https://www.idf.org/e-library/education.html Has educational materials, videos, interactive games. Materials target a variety of audiences including kids, teens, parents, schools, and healthcare providers.</p>	<p><u>National Diabetes Education Program:</u> www.YourDiabetesInfo.org Phone: 888-693-NDEP (888-693-6337) TTY: 866-569-1162 <u>National Diabetes Education Program Schools and Youth Page:</u> www.YourDiabetesInfo/Schools</p>
<p><u>Juvenile Diabetes Research Foundation (JDRF)</u> JDRF is the only major diabetes organization focused exclusively on research. https://www.breakthrough1d.org/</p>	<p><u>Transitions from Pediatric to Adult Care:</u> www.YourDiabetesInfo.org/Transitions <u>CDC National Diabetes Education Program</u> https://www.cdc.gov/diabetes-toolkit/php/about-dsmes/references.html Database includes fact sheets, toolkits, booklets, CDs, DVDs, webinars and other materials.</p>
<p><u>American Diabetes Association (ADA)</u> -The ADA is the nation's leading nonprofit health organization providing diabetes research, information and advocacy. The mission of the Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. -Offers online community support group http://www.diabetes.org/ -For help to manage diabetes: https://diabetes.org/tools-resources/for-caregivers Phone 800-DIABETES (800-342-2383)</p>	<p><u>Bam! Body and Mind</u> CDC website for children to help stay healthy: https://www.cdc.gov/bam/index.html <u>National Association for Health and Fitness</u> Promotes physical activity: www.physicalfitness.org Phone 518-456-1058 <u>National Diabetes Information Clearinghouse</u> More about diabetes: https://www.niddk.nih.gov/health-information/community-health-outreach/information-clearinghouses Phone 800-860-8747 <u>Nutrition and Physical Activity</u> Website for healthy eating and physical activity tips www.cdc.gov/nccdphp/dnpao/publications/index.html</p>
<p><u>Children With Diabetes</u> -An online community for families dealing with diabetes. CWD is a Web resource for parents of children with type-1 diabetes and is dedicated to helping you find the information and support you need and in caring for a child with diabetes. http://www.childrenwithdiabetes.com/</p>	<p><u>President's Council on Physical Fitness and Sports</u> More about physical activity www.fitness.gov Phone 240-276-9567 <u>Walkability Checklist</u> Find a friendly place to walk https://www.nhtsa.gov/document/walkability-checklist <u>Parks and Recreation Youth Programs</u> where you live. Type the name of your town or city and state followed by "parks and recreation youth programs" into an online search engine.</p>