



Specialty Advising: Physical Medicine & Rehabilitation

Overview: Physiatrists need to have a strong foundation in medical, neurologic, and musculoskeletal conditions. Students pursuing a career in physical medicine and rehabilitation (PM&R) should focus on electives and selectives that give the student responsibility for diagnosis and management of diverse patients. Choosing elective/selectives that increase foundational knowledge in adjacent fields is also recommended. [OPDA Guide for PM&R](#).

Suggested Selectives/Sub-Internships:

- REHB 7000- Rehabilitation Sub-Internship/preceptorship (must seek approval from individual faculty)
- REHB 4005- Introduction to Rehabilitation Medicine (Inpatient and Outpatient) @UT Health locations, available to UT and visiting students
- REHB 7000- Rehab away rotation at outside institution (for LSOM students only)

Suggested Electives:

- REHB 4000- Special Topics in PM&R/non-clinical (research elective with permission from specific faculty)
- REHB 4006- Introduction to Spinal Cord Injury (@VA, only for UT students), first 2 weeks SCI, 2nd with polytrauma
- REHB 4009- Introduction to Polytrauma Rehabilitation (only for UT students) first 2 weeks polytrauma, 2nd with SCI
- Any elective in the following departments
 - Orthopedic Surgery
 - Neurology
 - Rheumatology
 - Geriatrics and Palliative Care
 - Surgical subspecialties (trauma, SICU, transplant, wound care)

Curriculum Elective Requirements for UME

Away Rotations:

They are not required. It may be useful to seek an away rotation if you have an interest in a certain program or location.

USMLE Step 2:

It is generally a good idea to have completed Step 2 prior to the interview season beginning. Interviews are typically held from November through January. Taking Step 2 early (before September 1st) will ensure your score is available when ERAS opens.

PM&R Counseling:

The Department of Physical Medicine and Rehabilitation offers individual career/application guidance to all students potentially interested in PM&R.

For further information visit:

[American Academy of PM&R: Medical Student resources](#)

[Association of Academic Physiatrists: Medical Students Council](#)

LSOM Specialty/Career Advisors:

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