



Specialty Advising: Psychiatry

Overview: Psychiatrists need to have a strong foundation in a wide variety of mental health and medical conditions. Students pursuing a career in psychiatry should focus on electives and selectives that give the student responsibility for diagnosis and management of diverse patients. Choosing electives/selectives that remedy any self-identified knowledge gaps is also recommended. [OPDA Guide for Psychiatry](#).

Suggested Selectives/Sub-Internships:

- PSYC 4001- Clinical Psychiatry (Inpatient)
- PSYC 4020- Consultation-Liaison (Inpatient)
- PSYC 4015- Geriatric Psychiatry (Ambulatory)
- PSYC 4023- Child and Adolescent Psychiatry (Ambulatory)

Suggested Electives:

- PSYC 4025- Intro to Psychotherapy
- PSYC 4040- Interventional Psychiatry
- PSYC 4045- Community Psychiatry and Substance Use Disorders
- PSYC 4000- Special Topics in Psychiatry
- Any Elective in the following departments:
 - Internal Medicine and subspecialties
 - Neurology
 - Pediatrics

Curriculum Elective Requirements for UME

Away Rotations:

Away rotations are a useful opportunity to build a connection with a program, particularly if you have an interest in a certain program or geographic location. If you are interested in matching at a program outside of Texas, it is highly recommended you do an away rotation.

USMLE Step 2:

It is generally a good idea to have completed Step 2 prior to the interview season beginning. Interviews are typically held from October through February. Taking Step 2 early (before September 1st) will ensure your score is available when ERAS opens. You must have a passing Step 2 score for programs to have you on their rank list.

Psychiatry Bound Counseling:

The Department of Psychiatry offers individual career/application guidance to all students potentially interested in Psychiatry.

For further information visit:

[American Psychiatric Association: Choosing a Career in Psychiatry](#)

[American Psychiatric Association: A Roadmap to Psychiatric Residency](#)

LSOM Specialty/Career Advisors:

Dr. Kimberly Benavente, M.D., (Clerkship Director, Department of Psychiatry), benaventek@uthscsa.edu, 210-450-8975