City of West Sacramento Parks & Recreation

Recreation

Swimming Pool Rules & Regulations

Posted pool rules

Locations

- West Sacramento Recreation Center, 2801 Jefferson Blvd

Pool rules

Safety & conduct

- No running or horseplay in the pool area.
- No flips, twists, or backward entry into the pool.
- Diving is permitted only in designated areas during designated times.
- Any action deemed unsafe by staff is prohibited.

Swimming ability & supervision

- Swimmers must pass a swim test before using the lap pool.
- Swimmers age 8 and under must be always accompanied by an adult.
- Swim diapers are required for all swimmers age 3 and under.

Attire

- Jeans, sweatpants, and excessively baggy clothing are not permitted.
- Loose or oversized t-shirts must be tied at the waist.

Prohibited items

- No glass containers or glassware.
- No gum or seeds.
- No smoking, vaping, and alcohol.

General

- The City and School District are not responsible for lost or stolen items.
- If you see something, report it to a staff member.

IN CASE OF EMERGENCY, CONTACT 911

CITY OF WEST SACRAMENTO NON-EMERGENCY POLICE (916) 372-3375