YORK-POQUOSON SHERIFF'S OFFICE	GENERAL ORDERS
SUBJECT: Drug Abuse Resistance Education Program (D.A.R.E.)	NUMBER: GO 2-18B
EFFECTIVE DATE: January 1, 2023	LAST MODIFIED DATE: February 1, 2018
AMENDS/SUPERSEDES: GO 2-18B, February 1, 2003	APPROVED:_____ _R.G. mmfr_____ Sheriff
VLEPSC: ADM.20.01, OPR.04.01, OPR.04.04	

1 **INDEX WORDS**
2
3 D.A.R.E.
4 Elementary School D.A.R.E.
5 Middle School D.A.R.E.
6 York D.A.R.E. Association
7
8 **POLICY**
9
10 The Drug Abuse Resistance Education (D.A.R.E.) "keepin' it REAL" Program is a nationally
11 recognized, scientific based program for children in kindergarten through twelfth grade.
12 D.A.R.E. represents a collaborative effort between school and law enforcement personnel.
13 D.A.R.E. America nationally coordinates the Program with input from state and local agencies
14 and communities. D.A.R.E. is a law enforcement officer led series of classroom lessons that
15 teaches students how to resist peer pressure and live productive drug and violence-free lives.
16 D.A.R.E. lessons focus on providing tools for good decision making to live healthy lifestyles and
17 become productive citizens.
18
19 **PURPOSE**
20
21 The purpose of this order is to outline procedures for delivery of the D.A.R.E. (Drug Abuse
22 Resistance Education) Program.
23
24 **PROCEDURES**
25
26 • Target Groups
27   o The York-Poquoson Sheriff's Office will provide the following programs to the
28   residents of York County when applicable and as funds allow:
29   ▪ Elementary School D.A.R.E. Program;
30   ▪ Middle School D.A.R.E. Program;
31   ▪ High School 3D Driving Drunk and Distracted Program;
32   ▪ Visitation Lessons;
33   ▪ Community Workshops and Programs.
34
35 • D.A.R.E. Officer
36   o Maintains training and certification in the D.A.R.E. Program.
37   o Develops, implements and coordinates the York-Poquoson Sheriff's Office D.A.R.E.
38   Program.

39		o	Acquires and reviews updated program materials.
40		o	Consults with law enforcement officers, supervisors, and school personnel to enhance
41			program.

39   o   Acquires and reviews updated program materials.

40   o   Consults with law enforcement officers, supervisors, and school personnel to enhance
41   program.

42   o   Establishes a working relationship with other local, state, and federal government and
43   non-government agencies to exchange information and plan prevention activities.

44   o   Establishes and maintains contact and reports D.A.R.E. Program statistical data to
45   Virginia State D.A.R.E. Coordinator.

46   o   Coordinates D.A.R.E. Program funding with the York D.A.R.E. Association.

47   o   Attends national, state, and local training conferences.

48   o   Provides assistance to the Crime Prevention Program, as required.

49   o   Acts as a resource with respect to preventing delinquency.

50   o   Mentors students, as required, and provides individual counseling when appropriate.

51   o   Provides guidance on ethical issues in the classroom setting and explains to students
52   the law enforcement role in society.

53

54   •   Deputy Sheriffs

55   o   All Deputy Sheriffs are responsible for promoting the D.A.R.E. Program and its goals
56   and missions.

57   o   As needed, Deputy Sheriffs may be assigned to assist with various D.A.R.E. Program
58   functions in the community.

59

60 **FORMAL EDUCATION PROGRAMS**

61

62   •   Elementary Program

63   o   The D.A.R.E. "Keepin' it REAL" Elementary School curriculum uses the D.A.R.E.
64   decision-making model practice of Define/Assess/Respond/Evaluate.

65   o   The curriculum, based on the Social Emotional Learning Theory (SEL), identifies
66   fundamental, basic skills and developmental processes needed for healthy
67   development including:

68   ▪   Self-awareness and management;

69   ▪   Responsible decision making;

70   ▪   Understanding others;

71   ▪   Relationship and communication skills;

72   ▪   Handling responsibilities and challenges.

73   ❖   D.A.R.E. believes that if you can teach students to make safe and responsible
74   decisions, it will guide them to healthy choices, not only about drugs, but also
75   across all parts of their lives.

76   ❖   As they grow to be responsible citizens, they will lead healthier and more
77   productive drug-free lives.

78   ❖   The course's 10 lessons are arranged in a scaffolding process, starting with the
79   basics about responsibility and decision making and then building on each
80   other allowing students to develop their own responses to real life situations.

81   ❖   The very first lesson starts with responsibility and introduces decision making
82   with subsequent lessons applying these skills in increasing complex ways to
83   drug use and other choices in their lives.

84

- Middle School Program
  - The D.A.R.E. Middle School Program teaches students how to live drug-free lives confidently, drawing on the strengths of the students, their families, and communities.
  - Like the elementary school curriculum, the acronym "REAL" is the central message of the curriculum and teaches students four ways to refuse drug offers — Refuse, Explain, Avoid, and Leave. These strategies help students stay away from drugs by preparing them to act decisively and responsibly in difficult situations.
  - The 10-lesson middle-school curriculum is highly interactive, involves multiple media materials that students find engaging, and, like the elementary school curriculum, is based on Social Emotional Learning Theory (SEL) principles that fit well with current research and practice in teaching middle school students.

- Kindergarten through fourth grade (K-4) visitation lessons, are available as time permits.
  - A D.A.R.E. Officer can visit classes in lower grades to introduce students to the D.A.R.E. concept.
  - There are 15-20 minute lessons available to cover various topics.

- High School Program
  - The D.A.R.E. Office, along with other Sheriff's Deputies, offers the 3D-Driving Drunk and Distracted Program to one York County High School each year.
  - The purpose of the 3D Program is to vividly demonstrate the life changing consequences of driving under the influence and texting while operating an automobile.
  - This is an intense visual dramatization involving a mock crash scene, a mock ER trauma visit along with a courtroom scene.

- Community Relations Programs and Events
  - The D.A.R.E. Program sponsors and participates in various community events throughout the County.

YORK DARE ASSOCIATION

- York D.A.R.E. Association and the York-Poquoson Sheriff's Office provide The D.A.R.E. Program to students in York County through mutual partnership of cooperation and understanding.
  - The York D.A.R.E. Association is a non-profit 501 (C) 3 Organization.
  - The Board consists of members from within the community,
  - The mission of the organization is to support, conduct fund raising events, and generate volunteers for the York-Poquoson Sheriff's Office D.A.R.E. Program.