

## **ANNUAL HEALTH HISTORY**

### **MEDICAL HISTORY**

**Do you have a history of (Check all that apply, if yes, please explain):**

- ☐ Alcohol or drug abuse:
- ☐ Anemia:
- ☐ Asthma or lung disease:
- ☐ Autoimmune disease (rheumatoid arthritis, lupus, etc.):
- ☐ Back or joint problems/arthritis:
- ☐ Blood clot in leg or lungs:
- ☐ Brain or nerve disorders/seizures:
- ☐ Cancer/Leukemia/Lymphoma:
- ☐ Chronic or recurrent skin disease:
- ☐ Diabetes Type 1 or 2:
- ☐ Ear, Nose, or Throat problems:
- ☐ Frequent severe headaches or migraines:
- ☐ Gynecological problems such as abnormal bleeding:
- ☐ Heart disease such as high cholesterol or high blood pressure:
- ☐ Hives or anaphylaxis:
- ☐ Infections (HIV, Lyme disease, MRSA, Tuberculosis/TB etc.):
- ☐ Kidney or bladder disease:
- ☐ Liver or gallbladder disease/hepatitis:
- ☐ Mental health disorder:
- ☐ Other blood disorders (i.e. sickle cell, thalassemia etc.):
- ☐ Stomach or intestinal problems:
- ☐ Stroke:
- ☐ Thyroid/endocrine disease:
- ☐ Vision or hearing problems (except glasses):
- ☐ None of the above

**Do you have allergies or reactions to medication, food, and/or environmental factors?**

- ☐ Yes, please specify:
- ☐ No

**Have you had any surgeries in the past?**

- ☐ Yes, please list surgeries and dates:
- ☐ No

### **FAMILY HISTORY**

**Family History (check all that apply to your first degree relatives— biological parents, siblings, and grandparents— and explain):**

- ☐ Heart disease such as high cholesterol or high blood pressure:
  - ☐ Stroke:
  - ☐ Blood Clot in leg or lungs:
  - ☐ Anemia or other blood disorders:
  - ☐ Back or joint problems/arthritis:
  - ☐ Blood clot in leg or lungs:
  - ☐ Cancer/Leukemia/Lymphoma:
  - ☐ Infections (HIV, Lyme disease, MRSA, Tuberculosis/TB etc.):
  - ☐ Diabetes Type 1 or 2:
  - ☐ Mental health disorder:
  - ☐ Alcohol or drug abuse:
  - ☐ Other (please describe):
  - ☐ None of the above
- ☐ I do not know the medical history of my family

## DEMOGRAPHIC INFORMATION

Legal Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_  
Last First MI

Preferred Pronoun: ☐ She, Her, Hers ☐ He, Him, His ☐ They, Them, Theirs ☐ Ze, Hir, Hirs ☐ Xe, Xem, Xyrs

☐ Other (please specify): \_\_\_\_\_

Preferred Language: ☐ English ☐ Chinese including Mandarin, Cantonese ☐ French ☐ German ☐ Italian

☐ Japanese ☐ Korean ☐ Russian ☐ Spanish ☐ Tagalog ☐ Vietnamese ☐ Other (please specify): \_\_\_\_\_

Red ID: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Birth Sex: ☐ Male ☐ Female ☐ Intersex

Current Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

## INSURANCE INFORMATION (IF APPLICABLE)

*Please note that we do not bill insurance.*

Name of Insurance Carrier: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_

Member's Name: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Group Number: \_\_\_\_\_

## EMERGENCY CONTACT INFORMATION

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Relationship: \_\_\_\_\_

## PLEASE READ AND SIGN

I affirm that I have filled out this form to the best of my knowledge. I understand that it is important to inform my healthcare provider if the information changes.

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Red ID)

\_\_\_\_\_  
(Date)